

Research Paper

A network pharmacology based approach for predicting active ingredients and potential mechanism of Lianhuaqingwen capsule in treating COVID-19

Xiaobo Zhang^{1#}, Rui Gao^{1#}, Zubing Zhou¹, Xuehua Tang², Jingjing Lin¹, Long Wang¹, Xin Zhou^{1✉} and Tao Shen^{1✉}

1. School of Basic Medicine, Chengdu University of Traditional Chinese Medicine, Chengdu, China.

2. Academic Department, Zhuhai Ebang Pharmaceutical Co., Ltd. Zhuhai, China.

#These authors contributed equally to this work.

✉ Corresponding authors: Xin Zhou, School of Basic Medicine, Chengdu University of Traditional Chinese Medicine, Chengdu, 611137 China; E-mail: cindychouff@163.com. Tao Shen, School of Basic Medicine, Chengdu University of Traditional Chinese Medicine, Chengdu, 611137 China; E-mail: shentaotcm@aliyun.com.

© The author(s). This is an open access article distributed under the terms of the Creative Commons Attribution License (<https://creativecommons.org/licenses/by/4.0/>). See <http://ivyspring.com/terms> for full terms and conditions.

Received: 2020.09.24; Accepted: 2021.01.23; Published: 2021.02.24

Abstract

The outbreak of severe respiratory disease caused by SARS-CoV-2 has led to millions of infections and raised global health concerns. Lianhuaqingwen capsule (LHQP-C), a traditional Chinese medicine (TCM) formula widely used for respiratory diseases, shows therapeutic efficacy in the application of coronavirus disease 2019 (COVID-19). However, the active ingredients, drug targets, and the therapeutic mechanisms of LHQP-C in treating COVID-19 are poorly understood. In this study, an integrating network pharmacology approach including pharmacokinetic screening, target prediction (targets of the host and targets from the SARS-CoV-2), network analysis, GO enrichment analysis, KEGG pathway enrichment analysis, and virtual docking were conducted. Finally, 158 active ingredients in LHQP-C were screened out, and 49 targets were predicted. GO function analysis revealed that these targets were associated with inflammatory response, oxidative stress reaction, and other biological processes. KEGG enrichment analysis indicated that the targets of LHQP-C were highly enriched to several immune response-related and inflammation-related pathways, including the IL-17 signaling pathway, TNF signaling pathway, NF-kappa B signaling pathway, and Th17 cell differentiation. Moreover, four key components (quercetin, luteolin, wogonin, and kaempferol) showed a high binding affinity with SARS-CoV-2 3-chymotrypsin-like protease (3CL pro). The study indicates that some anti-inflammatory ingredients in LHQP-C probably modulate the inflammatory response in severely ill patients with COVID-19.

Key words: Lianhuaqingwen capsule; COVID-19; 3CL pro; SARS-CoV-2; network pharmacology

Introduction

Coronaviruses are enveloped RNA viruses, of which the pandemic causes a serious threat to humans and evolved into public health events [1, 2]. In December 2019, a severe respiratory disease (COVID-19) was identified in China, which is caused by a new virus, SARS-CoV-2. As of 14 April 2020, over 1,700,000 cases were confirmed with 100,000 deaths over 100 countries worldwide [3, 4]. Among these COVID-19 patients, common symptoms include fever, cough, myalgia, and dyspnea [5-7]. More seriously, infected individuals can develop pneumonia, acute respiratory distress syndrome (ARDS), multiorgan failure, and even death [8, 9]. So far, no vaccines or

specific drugs have been found for COVID-19, and the primary treatments are supportive.

Lianhuaqingwen capsule (LHQP-C), a Chinese patent medicine contains 13 medicinal herbs (Fructus Forsythiae, Flos Lonicerae Japonicae, Herba Ephedrae, Almond, Radix Isatidis, Fortune's Boss fern Rhizome, Herba Houttuyniae, Herba Pogostemonis, Rheum palmatum, Rhodiola rosea, Glycyrrhiza uralensis Fisch, Mentha haplocalyx Briq and Gypsum Fibrosum) is derived from two classic prescriptions: Ma Xing Shi Gan Tang (MXSGT) and Yin Qiao San (YQS). MXSGT, a notable classic formula recorded in Shanghan Lun edited by Zhang Zhongjing in Han

Dynasty, is mainly prescribed for the treatments of febrile diseases, including influenza, acute bronchitis, and pneumonia [10, 11]. YQS is a famous prescription of Dr. Wu Jutong in Qing dynasty, mainly prescribed in the treatment of colds, pneumonia. Among the Diagnosis and Treatment of Novel Coronavirus Pneumonia (Version 4/Version 5/Version 6/Version 7) issued by China’s National Health Commission, LHQW-C was recommended as one of the basic TCM for the treatment of COVID-19.

A retrospective and observational study demonstrated that LHQW-C could improve patient clinical symptoms, including fever, cough, chest tightness, and decreased appetite [12]. Additionally, according to a multicenter, prospective, randomized controlled trial for patients with COVID-19, LHQW-C could ameliorate the efficiency of clinical treatment, shorten the time of fever, cough, and fatigue, improve chest CT findings, and accelerate the recovery of COVID-19 patients [13]. However, little is known about the active ingredients, drug targets, and the

therapeutic mechanisms of LHQW-C in treating COVID-19, traditional method may be hard to understand how such a complicate prescription exert their biological effects through multiple targets and synergistic effects on human systems. Network pharmacology follows “network target, multicomponent therapeutics” model, shifting the paradigm from the concept of one gene, one target, and one disease [14, 15]. It provides a novel concept for comprehending the multitargeted mechanism of the treatment of sophisticated diseases such as COVID-19 [16]. In this study, a systematic pharmacological methodology was applied to explore the important material basis and the underlying biological mechanism of LHQW-C in COVID-19 treatment. Considering that many TCM prescriptions have been reported to inhibit the replication of the virus directly, we also examined the effect of the ingredients of LHQW-C on virus suppression in our study. The flow chart of the study is shown in Figure 1.

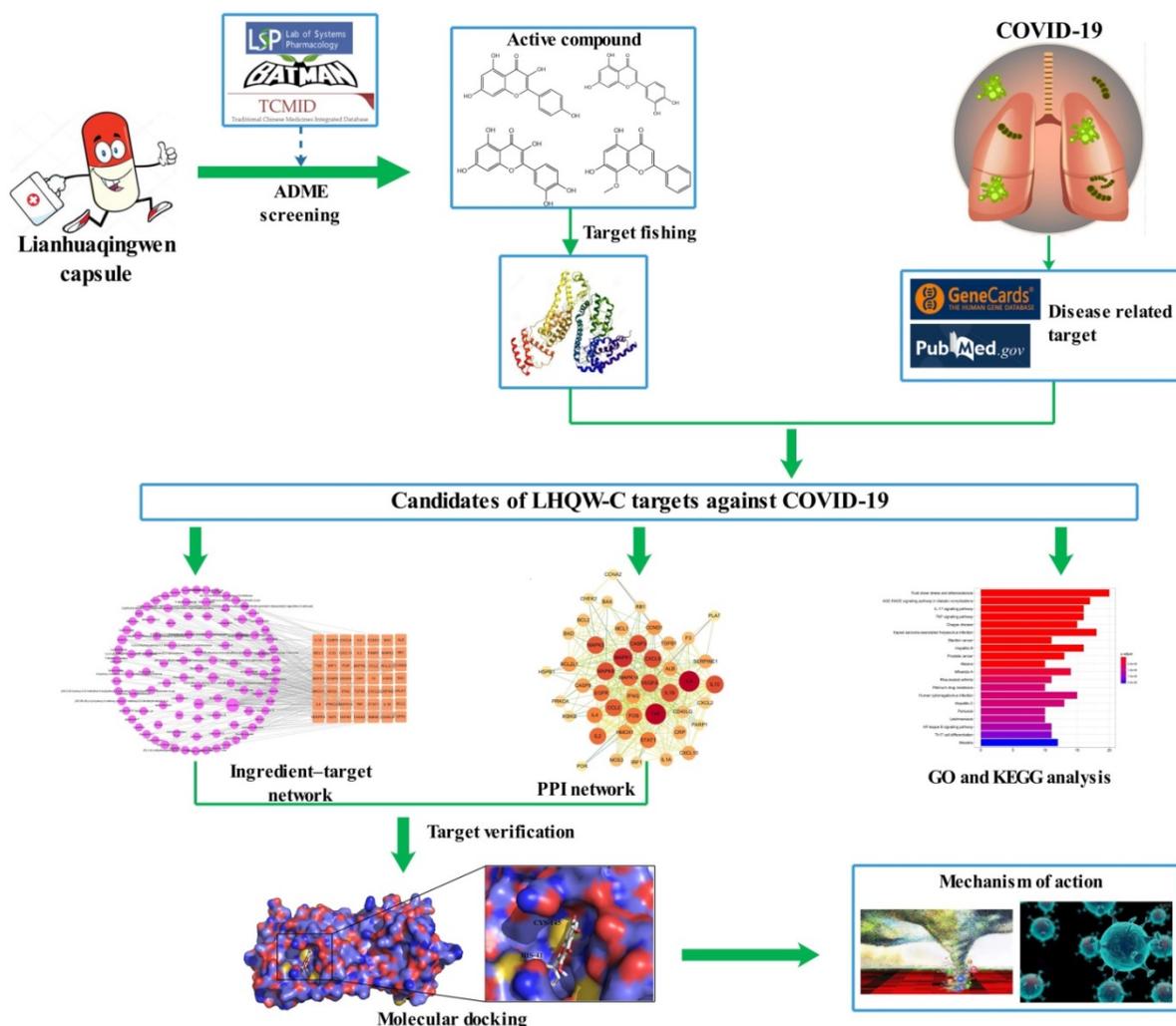


Figure 1. Flow chart of the network pharmacology based study.

Materials and Methods

Chemical database construction

LHQW-C was produced by Yiling Pharmaceutical Co. Ltd. (Shijiazhuang, China), which composed of 13 herbs, including *Fructus Forsythiae*, *Flos Lonicerae Japonicae*, *Herba Ephedrae*, Almond, *Radix Isatidis*, Fortune's Boss fern Rhizome, *Herba Houttuyniae*, *Herba Pogostemonis*, *Rheum palmatum*, *Rhodiola rosea*, *Glycyrrhiza uralensis* Fisch, *Mentha haplocalyx* Briq and *Gypsum Fibrosum*. All ingredients of LHQW-C were retrieved from the natural product databases for Chinese herbal medicines: Traditional Chinese Medicine Systems Pharmacology (TCMSP) database [17]. Oral bioavailability (OB) and drug-likeness (DL) are two important pharmacokinetic parameters. Components with OB $\geq 30\%$ and DL ≥ 0.18 are more likely to be drugs. Hence these two parameters were set as criteria to select candidate ingredients in TCMSP [18, 19]. However, some herbs can't be found in the database, such as *Rhodiola rosea*, *Mentha* and *Gypsum*, the three herbs were retrieved using BATMAN-TCM and TCMID databases [20, 21]. Since the protein name in TCMSP is not standard, we used UniProtKB to obtain their official symbols [22].

COVID-19 related targets

Genecards was utilized to acquire COVID-19 related genes, which were the targets of the host [23]. "COVID-19", "Sars-Cov-2" and "novel sars-cov" were used as keywords to search for genes that may be associated with this novel disease. The results were combined and duplicate genes were removed. Whereas Genecards mainly provides information on human genes, we therefore consulted PubMed to search the primary targets for virus replication.

Drug-disease common genes

A Venn diagram was drawn to visualize the intersected genes between the active ingredients and COVID-19 [24].

Protein-protein interaction (PPI)

Proteins seldom act alone, they usually realize the biological functions through interactions with other proteins. Therefore, the String database was employed to predict PPI interaction data [25]. The common genes obtained were searched in the String database using the multiple proteins option, the species was limited to "Homo sapiens", and a confidence score >0.7 was set as the cut-off criterion [26]. The TSV format of the result was download for further Ingredient-disease PPI network construction.

GO and KEGG pathway enrichment analysis

To determine biological processes and molecular interactions associated with selected common genes, Gene Ontology (GO) enrichment and Kyoto Encyclopedia of Genes and Genomes (KEGG) [27] pathway enrichment were carried out using R version 3.6.3, the top 20 terms with p-value <0.01 were selected.

Network construction

Network construction and analysis were performed using Cytoscape software (version 3.7.2) [28]. Two networks were constructed: (1) Ingredient-target network; (2) Ingredient-disease PPI network. The network is composed of nodes and edges. Each node in the network represents a molecule (ingredient or target), and each edge represents a biological relationship between two nodes.

Molecular docking

To validate the ingredient-target association and evaluate the effect of LHQW-C on virus suppression in our study, we used AutoDock Vina (version 1.1.2) for virtual docking [29]. The target protein three-dimensional (3D) structures were obtained from the PDB database and processed using the PyMol software (version 1.7.2.1) [30, 31], including removing the ligands, correcting protein structure, and removing water. The proteins and ligands were converted to the PDBQT format in the AutoDockTools (version 1.5.6) prior to performing the docking process [32, 33]. Because the active side of 3CL pro is centered on the amino acid residues of the original ligand, the "active pocket" was constructed as follows: grid center -10.817, 11.746, 68.213 and NPTS 42, 60, 42, 0.375. Similar docking conditions were used and the Lamarckian genetic algorithm was chosen. Affinity binding results <0 kcal/mol indicates that the ligand can bind to the receptor, affinity binding results ≤ -5.0 kcal/mol show a better binding ability. The docking results were visualized by PyMol and Discovery Studio 2016 (version 16.1).

Results

Ingredient-target network

263 ingredients of the 13 herbs of LHQW-C were collected from the public databases (TCMSP, BATMAN, and TCMID) (Supplementary Table 1). The duplicated portions were removed and 226 compounds were retained for further study (Supplementary Table 2). 269 active ingredients related targets were screened out after the elimination of repetitive component-targets (Supplementary Table 3). 643 therapeutic genes for COVID-19 were

collected from GeneCards (Supplementary Table 4). Intersected genes were generated based on the overlap between LHQW-C and COVID-19, and 49 targets were common to “drug-disease” (Figure 2), the details are described in (Supplementary Table 5). This means that these 49 genes may be the key of LHQW-C in treating COVID-19.

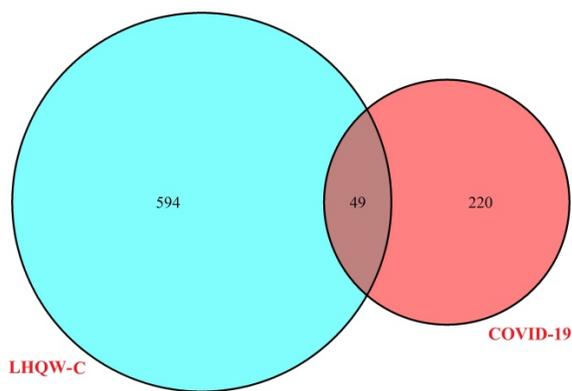


Figure 2. The 49 overlapping genes between COVID-19 and LHQW-C.

The ingredient-target network comprised 153 (49 targets and 104 compounds) nodes and 299 edges (Figure 3). As shown in this figure, some special compounds displayed more intimate association to multiple targets, playing a major role in network regulation, such as quercetin (degree 38), luteolin (degree 17), wogonin (degree 12), and kaempferol (degree 11). This suggests that LHQW-C may exert synergistic pharmacological effects on COVID-19.

Ingredient-COVID-19 PPI network

As mentioned above, 49 intersected genes were obtained. Ingredient-disease co-genes were imported into STRING, and we obtained the PPI network with

the medium degree of confidence level (degree > 0.7). As shown in Figure 4, the PPI network consisted of 46 nodes and 331 edges. ‘Degree’ represents the number of links to node, ‘Betweenness Centrality’ is used to measure how often a node lies on the shortest path between nodes in the network, ‘Closeness Centrality’ represents the distance between the individuals and all other peers in a network, these three parameters are used to measure the importance of the proteins in the PPI network [34, 35]. Therefore, nodes with an average value of degree ≥ 27 , node betweenness ≥ 0.0009993 , and closeness ≥ 0.618 could be considered as hubs, including IL-6, TNF, MAPK1, these targets tended to execute more critical roles in the target network of LHQW-C.

GO functional enrichment analysis

GO enrichment analysis describes a complex cascade of events, which is accomplished by one or more components through well-organized molecular interactions [36]. We displayed the top 20 biological process (BP), molecular function (MF), and cellular component (CC) terms in Figure 5, the details of the GO analysis are described in Supplementary Table 6. In the BP category, LHQW-C was significantly enriched to response to lipopolysaccharide, response to molecule of bacterial origin, response to metal ion, reactive oxygen species metabolic process, response to oxidative stress, reactive oxygen species biosynthetic process, regulation of apoptotic signaling pathway, cellular response to oxidative stress, and so forth. These results help to understand the biological function changes in the body after treatment with LHQW-C.

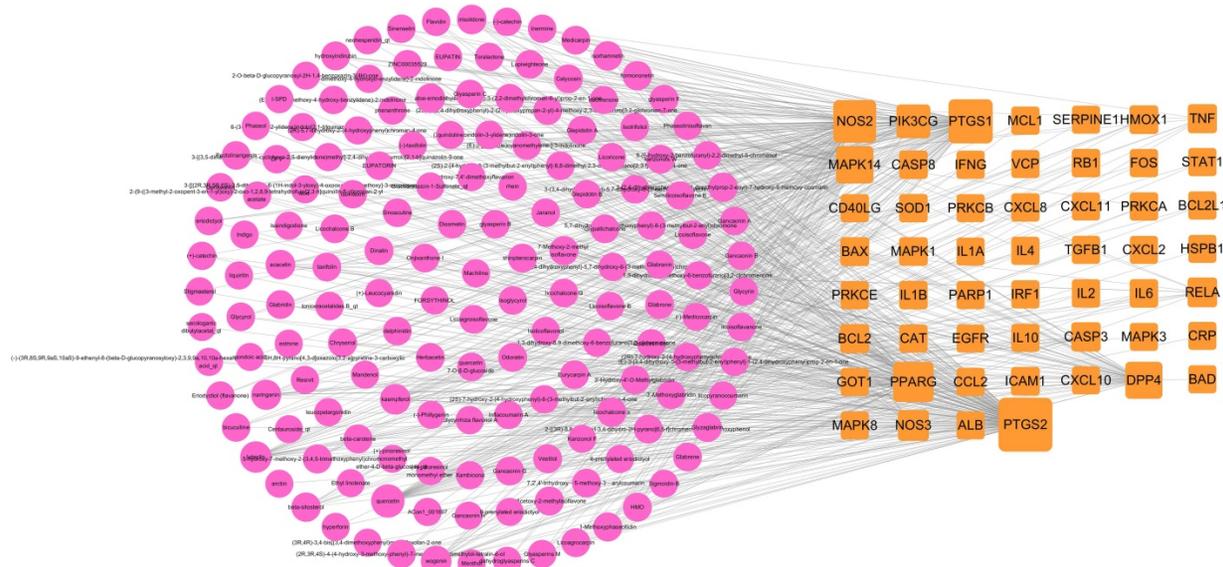
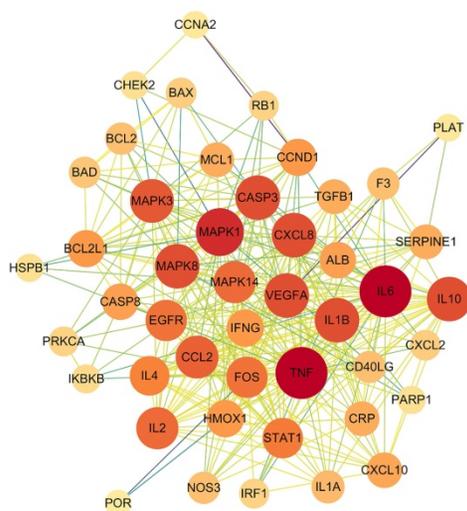


Figure 3. Ingredient–target network of LHQW-C. The red node represents ingredient, the orange node represents target.

A



B

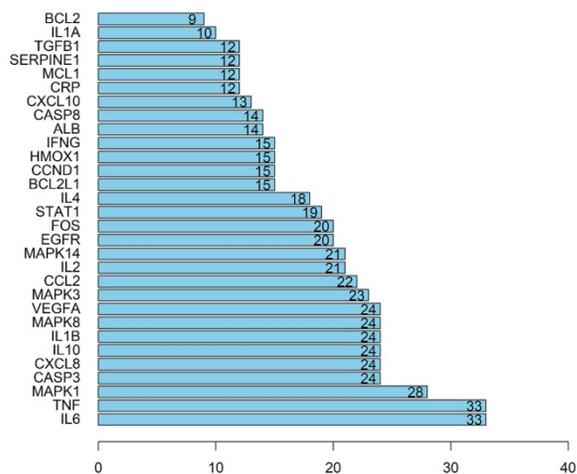


Figure 4. (A) The protein-protein interaction (PPI) network. (B) The bar plot of the protein-protein interaction (PPI) network. The X-axis represents the number of neighboring proteins of the target protein. The Y-axis represents the target proteins.

KEGG pathway enrichment analysis

KEGG pathway enrichment was performed by R version 3.6.3 (Figure 6). The first 20 pathways were shown according to the p-value from small to large, the details are described in Supplementary Table 7. As described in the figure, the 49 “drug-disease” genes were highly related to several immune response-related and inflammation-related pathways, including the IL-17 signaling pathway, TNF signaling pathway, NF-kappa B signaling pathway, and Th17 cell differentiation.

Molecular docking

To further assess the interaction and improve the accuracy between the active ingredients and their targets, 4 active ingredients (quercetin, luteolin, wogonin, kaempferol,) and 9 targets (IL-6, TNF, MAPK1, CASP3, CXCL8, IL-10, IL1B, MAPK8, and

VEGFA) were selected for docking. In addition, we simultaneously chose 3CL pro for another docking to investigate whether LHQW-C has an effect on SARS-CoV-2. Before docking, the three-dimensional (3D) structures of the proteins 1alu, 5uui, 3w55, 1re1, 3il8, 4x51, 2nvh, 4g1w, 4kzn and 6lu7 were obtained by searching IL-6, TNF, MAPK1, CASP3, CXCL8, IL-10, IL1B, MAPK8, VEGFA and 3CL pro from the PDB protein database, respectively. The docking scores were depicted in Table 1 and Table 2, and the docking conformation was shown in Figure 7 and Figure 8, respectively. Compounds with lower binding energies are usually considered to exhibit a higher binding affinity with the target protein.

Table 1. Molecular docking of four key ingredients from LHQW-C with top 9 therapeutic targets

Compound	Binding Energy/(kcal mol ⁻¹)								
	IL6	TNF	MAPK1	CASP3	CXCL8	IL10	IL-1B	MAPK8	VEGFA
quercetin	-5.2	-4.7	-8.4	-6.6	-6.8	-7.9	-6.2	-7.2	-4.6
luteolin	-5.7	-5.0	-8.8	-6.6	-6.9	-7.8	-6.4	-7.3	-4.6
wogonin	-5.5	-5.0	-8.3	-5.8	-6.5	-7.0	-6.1	-7.3	-4.5
kaempferol	-5.0	-4.7	-8.1	-6.1	-6.2	-6.8	-6.4	-7.2	-4.7

Table 2. Results of molecular docking studies of 4 compounds in the active sites of proteins (3CL pro)

Compound	Structure	Receptor	Binding Energy/(kcal/mol)
quercetin		3CL pro	-7.2
luteolin		3CL pro	-7.4
wogonin		3CL pro	-6.8
kaempferol		3CL pro	-7.8

As shown in Figure 6, the 4 key ingredients were successfully docked to target IL-6, the interactions between the active site residues and the ligands include hydrogen bonding, π -cation, π -alkyl, and π -sigma. Moreover, these ingredients were fitted well in the active pocket of 3CL pro and showed a high

binding affinity with it. In Figure 7, kaempferol binds at the active site of the enzyme and interacted with the key residues (Cys145 and His41), and other residues, such as GLU166, MET165, MET49, and

TYR54. This suggests that these compounds might be the potential inhibitors when LHQW-C treats SARS-CoV-2.

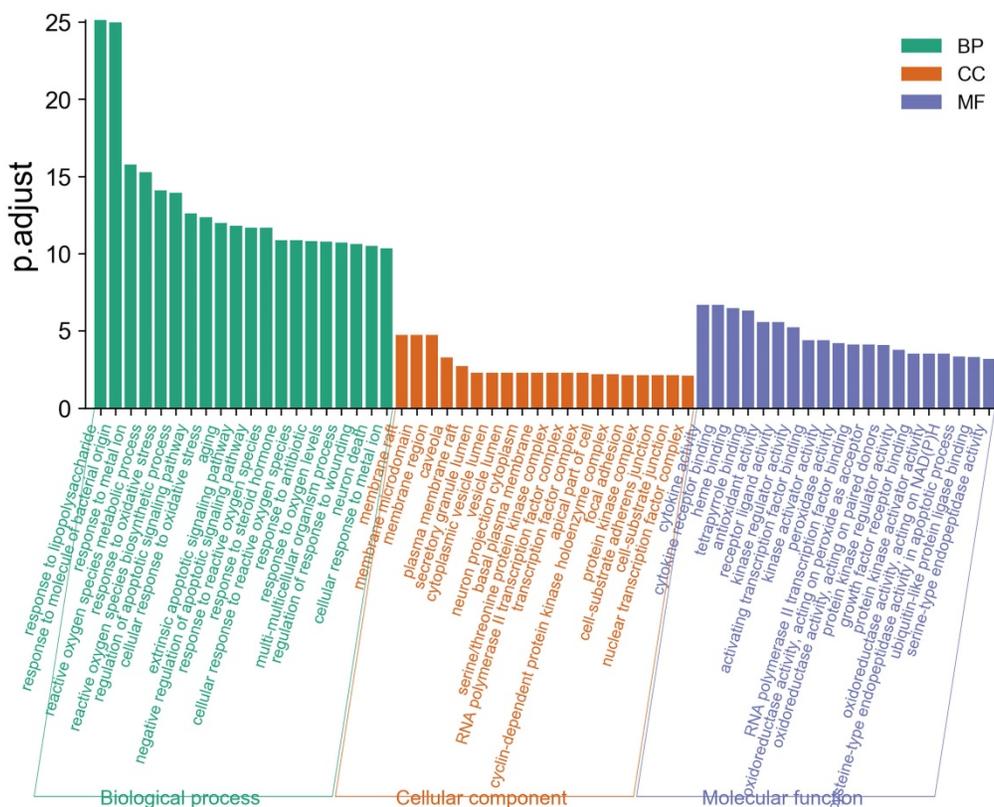


Figure 5. Gene Ontology (GO) analysis of the 49 overlapping gene symbols associated with COVID-19. The X-axis represents the categories in the GO of the target genes, while the Y-axis represents the P.adjust (-log10) in the GO of the target genes.

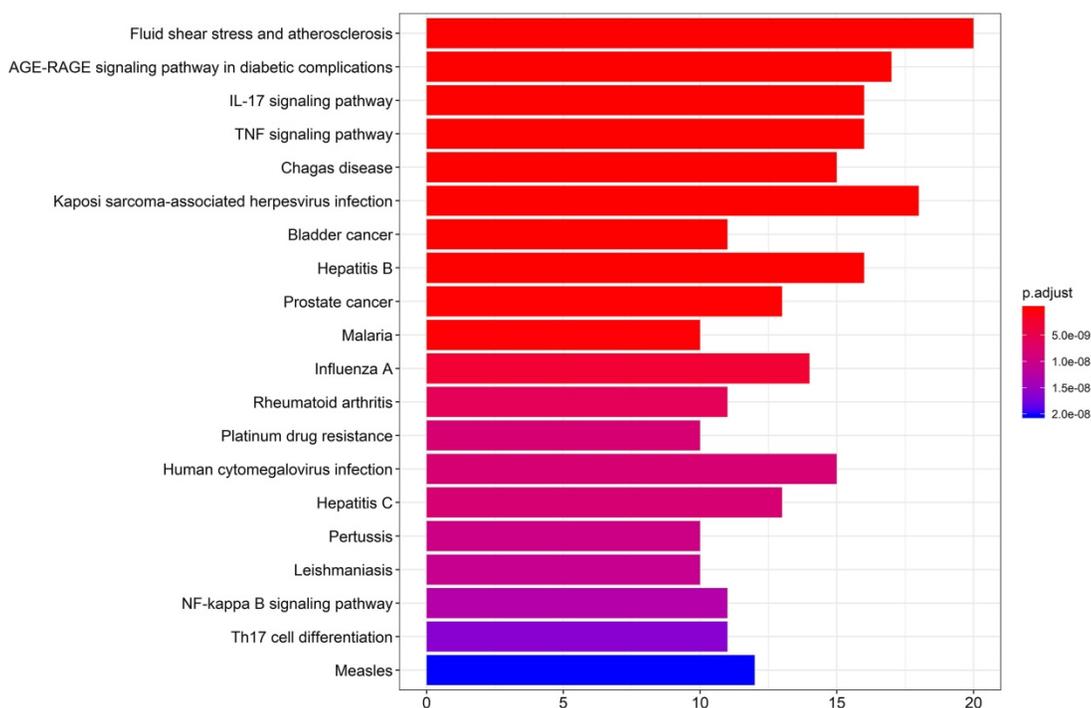


Figure 6. The Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway enrichment analysis. The X-axis represents the target counts in each pathway, and the Y-axis represents the main pathways (P-value < 0.01).

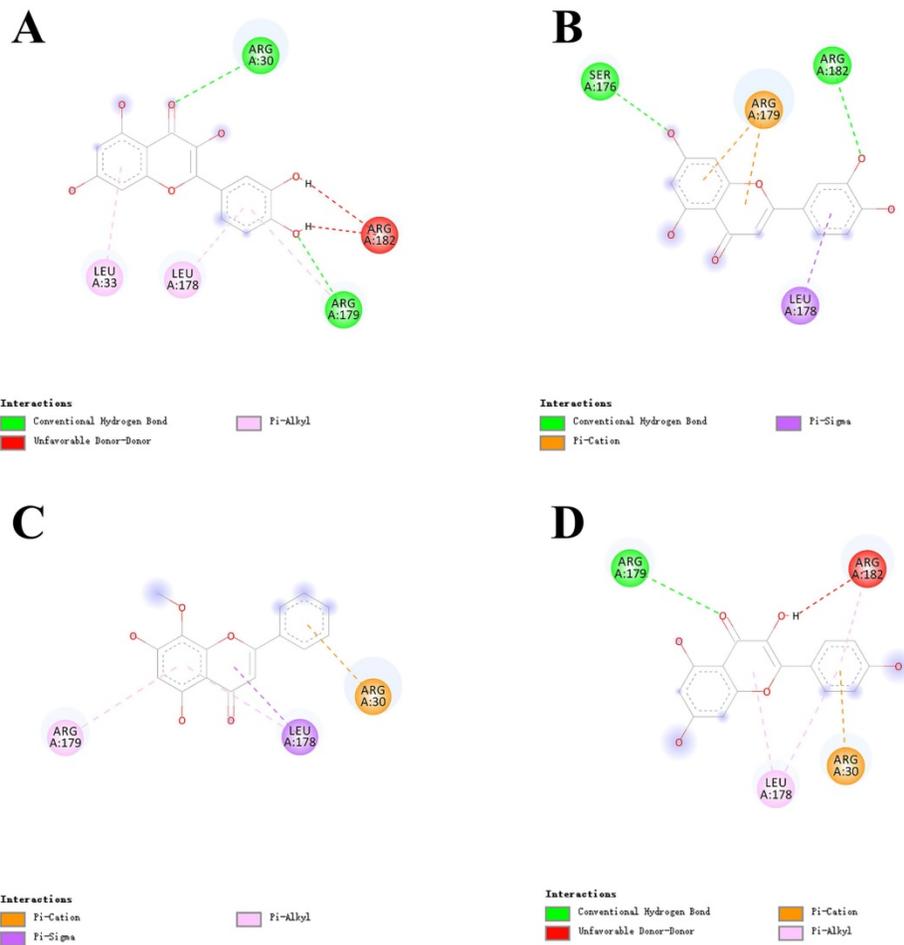


Figure 7. Virtual docking of bioactive ingredients from LHQW-C with key therapeutic targets. (A) quercetin with IL-6. (B) luteolin with IL-6. (C) wogonin with IL-6. (D) kaempferol with IL-6.

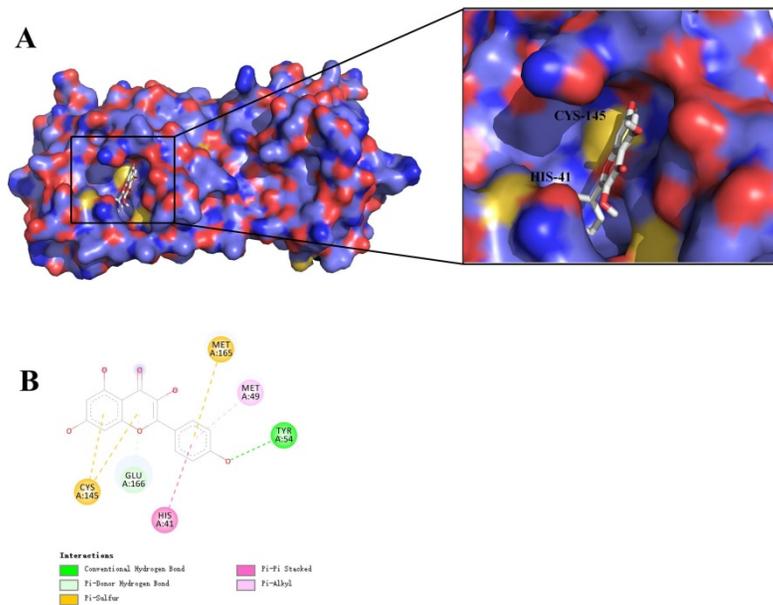


Figure 8. Virtual docking of key ingredients with 3CL pro. (A) 3D docking conformation of kaempferol with 3CL pro; (B) 2D docking conformation of kaempferol with 3CL pro.

Discussion

Since December 2019, a severe respiratory disease caused by a new coronavirus has swept the mainland of China and then discovered in over hundreds of countries and regions worldwide [37]. The global public health problem caused by the ongoing SARS-CoV-2 epidemic, making researchers pay attention to finding broad-spectrum antiviral agents which may help reduce the detrimental effects of human coronavirus infection. However, further validations *in vivo* are required to demonstrate the efficacy and safety of novel candidates, even some approved drugs, which means that it will consume more time for clinical practices. Up to now, there is no specific drugs for the treatment of COVID-19, the therapeutic strategies are still very limited [38]. Fortunately, the multi-ingredients, multi-targets synergistic action of TCM may be beneficial against COVID-19 [39, 40]. As a common TCM prescription for respiratory diseases, LHQW-C has been used extensively for more than 10 years in China. It has curative effects on acute bronchitis, asthma, SARS, and influenza [41]. After the outbreak of COVID-19, LHQW-C was recommended as one of the fundamental drugs in the *Guideline for the Diagnosis and Treatment of Novel Coronavirus (2019-nCoV)*. In this study, network pharmacology was applied to explore the latent mechanism of LHQW-C in COVID-19 treatment.

It was classically considered that virus surmounts the host defense and cause disease in some cases [42, 43]. Fatal pneumonia caused by SARS-CoV-2 may be associated with rapid virus replication and continual inflammation. Cytokine storm is an abnormal immune activation caused by viruses, which occurs in the third stage or severe stage of the diseases and the stage that can lead to death [44]. The storm may interfere with the body's immune system, result in excessive immunization responses, causing diffuse acute lung injury, impairment of ventilation function of lung and a series of critical manifestations [45-47]. According to clinical studies, concentrations of diverse associated cytokines were aberrant in COVID-19 patients, such as TNF- α , IL-1 β , IL-6, IL-2, and IL-10 [3, 48, 49]. TNF- α , a typical pro-inflammatory cytokine, the chronically elevated or excessive production of which could trigger a cytokine storm causing cell death during the acute stage of tissue injury [50]. IL-1 β is also an intense pro-inflammatory cytokine that has received substantial attention [48]. Both TNF- α and IL-1 β are released from macrophages or monocytes after initial infective or physical insult, may induce the expression of vascular cell adhesion molecule-1 (VCAM-1) on

endothelial cells to promote adhesion of Neutrophils [51-53]. Activation of neutrophils produces reactive oxygen species (ROS), causing lipid peroxidation injury, DNA breakage, protein denaturation, and endothelial cells dysfunction, as well as eventually inducing pulmonary tissue damage [54, 55]. Furthermore, cytokines leaking into the bloodstream may contribute to distal organ injury and culminates in multiple organ dysfunction syndromes or even death.

The Ingredient-target network showed that there are 158 ingredients in LHQW-C influencing the 49 genes that may play a role in COVID-19 treatment. As illustrated in PPI network, LHQW-C seemed to widely intervene in the production of inflammatory factors, including IL-6, TNF, IL-1 β , and IL-2, especially IL-6, which was suggested to be used as clinical indicators in the prognosis and outcome of COVID-19 patients [46, 49, 56]. IL-6 is a cytokine known to be beneficial to host defense against various infections and tissue injuries [57]. Nevertheless, excessive IL-6 may cause acute cytokine storm during the anti-infection process, which can further lead to multiple organ dysfunctions and multiple system failures [47, 58]. It has been suggested that pathogenic T cells are activated after SARS-CoV-2 infects the human body, which will mediate the production of granulocyte-colony stimulating factor (GM-CSF) and IL-6 [59]. GM-CSF further activates CD14⁺ and CD16⁺ monocytes, generating greater amounts of IL-6 and other inflammatory factors, which could incite cytokine storm and result in severe inflammatory damage to the lungs [60]. Therefore, it is an important approach to block the occurrence of cytokine storm and prevent the process of patients with pneumonia by inhibiting the expression of IL-6. As four of the main compounds in LHQW-C, quercetin, luteolin, and wogonin were successfully docked to target IL-6, which suggested that they might limit excessive tissue disruption caused by inflammation cytokine.

Quercetin, a typical flavonoid, is one of the main compounds in LHQW-C has been shown to inhibit TNF- α , IL-6, IL-1 β , and IL-2, thereby contributing to anti-inflammatory activity [61-64]. Similar to quercetin, kaempferol could suppress TNF- α , IL-1 β , and IL-6 [65, 66]. Other key ingredients also affect the expression of inflammatory cytokine. For example, luteolin inhibits TNF- α , IL-6, IL-1 β expression [67-69], wogonin suppresses IL-6 production [70]. Clinical evidence has showed that LHQW-C could reduce pro-inflammatory cytokines caused by viruses, such as TNF- α , IL-6 [71]. Additionally, some experimental data with animal models and *in vitro* models also indicated that LHQW-C has anti-inflammatory properties [72-74], which are consistent with the

findings of ours.

Postmortem results and pulmonary pathological collectively indicated that alveolar epithelial cell injury, the hyaline membrane formed in the alveolar cavity, monocyte, and macrophage infiltration. Also, there is severe type 2 alveolar epithelial cell hyperplasia, with some cells exfoliated [75, 76]. The alveoli are the main part for gas exchange, as well as the basic units of the lung. Maintaining an intact alveolar-capillary barrier in the lungs is critical to effective gas exchange. The disruption of alveolar endothelial and epithelial barriers causes inflammatory cell infiltration, increased permeability, and extravascular edema fluid accumulation, leading ultimately to alteration in the alveolar-capillary barrier [77-79]. Normally, the integrity of the barrier relies on tight junctions (TJs) and adherens junctions (AJs), and basement membrane/extracellular matrix coverage collectively [79, 80]. TNF could lead to disturbance in junction localization of zonula occludens-1 (ZO-1) and down-regulation of ZO-1 expression, as well as other claudin family members in the lung, functionally regulating the opening of the TJs barrier [81]. As described in Ingredient-target network, the key compounds in LHQW-C could interact with TNF. Meanwhile, KEGG enrichment analysis showed that TNF signaling pathway was highly enriched. Through the pathway, LHQW-C might protect alveolar endothelial/epithelial barriers by maintaining the integrity of intercellular junctions, eventually alleviating COVID-19 by improving pulmonary ventilation function.

3CL pro is considered as a promising drug target, which plays a key role in the replication cycle of the virus [82]. The active site of which is located in the gap between domains I and II, and has a Cys-His (Cys145 and His41) at the active site [83]. Considering that most of the Chinese herbal medicines have direct antiviral activity, it may be an underlying mechanism by which LHQW-C prevents COVID-19 [84]. Therefore, we also evaluated the interaction between potential active compounds and 3CL pro. Four active compounds and 3CL pro were selected for the second molecular docking. These ingredients were fitted well in the active pocket of 3CL pro, indicating that the 4 compounds may play a key role when LHQW-C suppresses the virus.

Although we have described some interesting findings, there are still some potential limitations in our present study. Firstly, the databases for Chinese herbal medicines are incomplete, their accuracy and integrity cannot be guaranteed. Active compounds obtained from TCMSP with OB \geq 30% and DL \geq 0.18 may actually haven't good absorption. Additionally, several key compounds obtained by network

pharmacology analysis may have false positive defects, but it can be improved using analytical technologies such as ultra-performance liquid chromatography (UPLC), liquid chromatography-tandem mass spectrometry (LC-MS/MS), and high-performance liquid chromatography (HPLC). Secondly, all of the data were based on in-silico analysis, there may be false positive and false negative interactions between compound-protein and protein-protein. Further experiments are needed to validate our findings.

In conclusion, we examined the potential working mechanism of LHQW-C for COVID-19 using an integrating network pharmacology method. Based on clinical [13] and *in vitro* studies [73] as well as our pharmacology network analysis, we can speculate that LHQW-C may have some protective effects in COVID-19 by inhibiting viral replication, suppressing cytokine storm, and protecting the pulmonary alveolar-capillary barrier. Although we have described some encouraging data, further works are needed to validate our bioinformatic and network pharmacology based findings, including HPLC-MS technology based active ingredients analysis, *in vitro* validation of the mechanisms of LHQW-C.

Supplementary Material

Supplementary tables.

<http://www.medsci.org/v18p1866s1.pdf>

Acknowledgements

We are grateful to Zhili Wei for image processing and Lu Xu for research suggestions in this study. The authors are thankful to Chengdu University of Traditional Chinese Medicine for help in conducting this study.

Author contributions

XBZ wrote this paper and drew the figures. RG and ZBZ contributed to the Network pharmacology analysis and participated in data analysis. XHT Provided software and technical assistance. JJJ and LW conducted the molecular docking analysis. XZ and TS provided experimental concepts and design, offered scientific direction, and reviewed the manuscript. All authors participated in the manuscript preparation, read and approved the final manuscript.

Funding

This study was funded by the National Natural Science Foundation of China (Grant No: 81973743 and 81703844).

Competing Interests

The authors have declared that no competing interest exists.

References

- Fung TS, Liu DX. Human Coronavirus: Host-Pathogen Interaction. *Annu Rev Microbiol.* 2019; 73: 529-57.
- Niemeyer D, Mosbauer K, Klein EM, Sieberg A, Mettelman RC, Mielech AM, et al. The papain-like protease determines a virulence trait that varies among members of the SARS-coronavirus species. *PLoS Pathog.* 2018; 14: e1007296.
- Huang C, Wang Y, Li X, Ren L, Zhao J, Hu Y, et al. Clinical features of patients infected with 2019 novel coronavirus in Wuhan, China. *Lancet.* 2020; 395: 497-506.
- Organization WH. Coronavirus (COVID-19).
- Adhikari SP, Meng S, Wu YJ, Mao YP, Ye RX, Wang QZ, et al. Epidemiology, causes, clinical manifestation and diagnosis, prevention and control of coronavirus disease (COVID-19) during the early outbreak period: a scoping review. *Infect Dis Poverty.* 2020; 9: 29.
- Lai CC, Shih TP, Ko WC, Tang HJ, Hsueh PR. Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) and coronavirus disease-2019 (COVID-19): The epidemic and the challenges. *Int J Antimicrob Agents.* 2020; 55: 105924.
- Wang D, Hu B, Hu C, Zhu F, Liu X, Zhang J, et al. Clinical Characteristics of 138 Hospitalized Patients With 2019 Novel Coronavirus-Infected Pneumonia in Wuhan, China. *Jama.* 2020.
- Chen T, Wu D, Chen H, Yan W, Yang D, Chen G, et al. Clinical characteristics of 113 deceased patients with coronavirus disease 2019: retrospective study. *Bmj.* 2020; 368: m1091.
- Wu F, Zhao S, Yu B, Chen YM, Wang W, Song ZG, et al. A new coronavirus associated with human respiratory disease in China. *Nature.* 2020; 579: 265-9.
- Hsieh CF, Lo CW, Liu CH, Lin S, Yen HR, Lin TY, et al. Mechanism by which ma-xing-shi-gan-tang inhibits the entry of influenza virus. *J Ethnopharmacol.* 2012; 143: 57-67.
- Wang C, Cao B, Liu QQ, Zou ZQ, Liang ZA, Gu L, et al. Oseltamivir compared with the Chinese traditional therapy maxingshigan-yinqiaosan in the treatment of H1N1 influenza: a randomized trial. *Ann Intern Med.* 2011; 155: 217-25.
- Cheng D, Wang W, Li Y, Wu X, Zhou B, Song Q. Analysis of curative effect of 51 patients with novel coronavirus pneumonia treated with Chinese medicine Lianhua Qingwen: a multicentre retrospective study. *Tianjin Journal of Traditional Chinese Medicine* 2020; 37: 509-16.
- Hu K, Guan WJ, Bi Y, Zhang W, Li L, Zhang B, et al. Efficacy and safety of Lianhuaqingwen capsules, a repurposed Chinese herb, in patients with coronavirus disease 2019: A multicenter, prospective, randomized controlled trial. *Phytomedicine: international journal of phytotherapy and phytopharmacology.* 2020: 153242.
- He D, Huang JH, Zhang ZY, Du Q, Peng WJ, Yu R, et al. A Network Pharmacology-Based Strategy For Predicting Active Ingredients And Potential Targets Of LiuWei DiHuang Pill In Treating Type 2 Diabetes Mellitus. *Drug Des Devel Ther.* 2019; 13: 3989-4005.
- Kibble M, Saarinen N, Tang J, Wennerberg K, Makela S, Aittokallio T. Network pharmacology applications to map the unexplored target space and therapeutic potential of natural products. *Nat Prod Rep.* 2015; 32: 1249-66.
- Hopkins AL. Network pharmacology: the next paradigm in drug discovery. *Nat Chem Biol.* 2008; 4: 682-90.
- Ru J, Li P, Wang J, Zhou W, Li B, Huang C, et al. TCMSp: a database of systems pharmacology for drug discovery from herbal medicines. *J Cheminform.* 2014; 6: 13.
- Xu XX, Bi JP, Ping L, Li P, Li F. A network pharmacology approach to determine the synergetic mechanisms of herb couple for treating rheumatic arthritis. *Drug Des Devel Ther.* 2018; 12: 967-79.
- Lin HY, Tsai JC, Wu LY, Peng WH. Reveals of New Candidate Active Components in Hemerocallis Radix and Its Anti-Depression Action of Mechanism Based on Network Pharmacology Approach. *International journal of molecular sciences.* 2020; 21.
- Xue R, Fang Z, Zhang M, Yi Z, Wen C, Shi T. TCMID: Traditional Chinese Medicine integrative database for herb molecular mechanism analysis. *Nucleic acids research.* 2013; 41: D1089-95.
- Liu Z, Guo F, Wang Y, Li C, Zhang X, Li H, et al. BATMAN-TCM: a Bioinformatics Analysis Tool for Molecular Mechanism of Traditional Chinese Medicine. *Scientific reports.* 2016; 6: 21146.
- UniProt: a hub for protein information. *Nucleic acids research.* 2015; 43: D204-12.
- Rebhan M, Chalifa-Caspi V, Prilusky J, Lancet D. GeneCards: integrating information about genes, proteins and diseases. *Trends Genet.* 1997; 13: 163.
- Heberle H, Meirelles GV, da Silva FR, Telles GP, Minghim R. InteractiVenn: a web-based tool for the analysis of sets through Venn diagrams. *BMC Bioinformatics.* 2015; 16: 169.
- von Mering C, Huynen M, Jaeggi D, Schmidt S, Bork P, Snel B. STRING: a database of predicted functional associations between proteins. *Nucleic acids research.* 2003; 31: 258-61.
- Szklarczyk D, Gable AL, Lyon D, Junge A, Wyder S, Huerta-Cepas J, et al. STRING v11: protein-protein association networks with increased coverage, supporting functional discovery in genome-wide experimental datasets. *Nucleic acids research.* 2019; 47: D607-d13.
- Kanehisa M, Goto S. KEGG: kyoto encyclopedia of genes and genomes. *Nucleic acids research.* 2000; 28: 27-30.
- Shannon P, Markiel A, Ozier O, Baliga NS, Wang JT, Ramage D, et al. Cytoscape: a software environment for integrated models of biomolecular interaction networks. *Genome Res.* 2003; 13: 2498-504.
- Trott O, Olson AJ. AutoDock Vina: improving the speed and accuracy of docking with a new scoring function, efficient optimization, and multithreading. *J Comput Chem.* 2010; 31: 455-61.
- Seeliger D, de Groot BL. Ligand docking and binding site analysis with PyMOL and Autodock/Vina. *J Comput Aided Mol Des.* 2010; 24: 417-22.
- Lill MA, Danielson ML. Computer-aided drug design platform using PyMOL. *J Comput Aided Mol Des.* 2011; 25: 13-9.
- Morris GM, Huey R, Olson AJ. Using AutoDock for ligand-receptor docking. *Curr Protoc Bioinformatics.* 2008; Chapter 8: Unit 8.14.
- Xu J, Wang F, Guo J, Xu C, Cao Y, Fang Z, et al. Pharmacological Mechanisms Underlying the Neuroprotective Effects of *Alpinia oxyphylla* Miq. on Alzheimer's Disease. *International journal of molecular sciences.* 2020; 21.
- Liu X, Wu J, Zhang D, Wang K, Duan X, Zhang X. A Network Pharmacology Approach to Uncover the Multiple Mechanisms of *Hedyotis diffusa* Willd. on Colorectal Cancer. *Evidence-based complementary and alternative medicine : eCAM.* 2018; 2018: 6517034.
- Zhang Y, Li Z, Yang M, Wang D, Yu L, Guo C, et al. Identification of GRB2 and GAB1 coexpression as an unfavorable prognostic factor for hepatocellular carcinoma by a combination of expression profile and network analysis. *PLoS one.* 2013; 8: e85170.
- Wang Y, Sun YW, Wang YM, Ju Y, Meng DL. Virtual screening of active compounds from *Artemisia argyi* and potential targets against gastric ulcer based on Network pharmacology. *Bioorg Chem.* 2019; 88: 102924.
- Gordon DE, Jang GM, Bouhaddou M, Xu J, Obernier K, O'Meara MJ, et al. A SARS-CoV-2-Human Protein-Protein Interaction Map Reveals Drug Targets and Potential Drug-Repurposing. *bioRxiv.* 2020: 2020.03.22.002386.
- Harrison C. Coronavirus puts drug repurposing on the fast track. *Nat Biotechnol.* 2020; 38: 379-81.
- Ren JL, Zhang AH, Wang XJ. Traditional Chinese medicine for COVID-19 treatment. *Pharmacol Res.* 2020; 155: 104743.
- Yang Y, Islam MS, Wang J, Li Y, Chen X. Traditional Chinese Medicine in the Treatment of Patients Infected with 2019-New Coronavirus (SARS-CoV-2): A Review and Perspective. *Int J Biol Sci.* 2020; 16: 1708-17.
- Li H, Chang L, Wei C, Jia Z. Theoretical Research Basis and Clinical Efficacy of Lianhua Qingwen in Treating Novel Coronavirus Pneumonia. *World Chinese Medicine.* 2020; 15: 332-6.
- Jung K, Renukaradhya GJ, Alekseev KP, Fang Y, Tang Y, Saif LJ. Porcine reproductive and respiratory syndrome virus modifies innate immunity and alters disease outcome in pigs subsequently infected with porcine respiratory coronavirus: implications for respiratory viral co-infections. *J Gen Virol.* 2009; 90: 2713-23.
- Wei F, Jiang Z, Sun H, Pu J, Sun Y, Wang M, et al. Induction of PGRN by influenza virus inhibits the antiviral immune responses through downregulation of type I interferons signaling. *PLoS Pathog.* 2019; 15: e1008062.
- Tay MZ, Poh CM, Réna L, MacAry PA, Ng LFP. The trinity of COVID-19: immunity, inflammation and intervention. *Nature reviews Immunology.* 2020; 20: 363-74.
- Fung SY, Yuen KS, Ye ZW, Chan CP, Jin DY. A tug-of-war between severe acute respiratory syndrome coronavirus 2 and host antiviral defence: lessons from other pathogenic viruses. *Emerg Microbes Infect.* 2020; 9: 558-70.
- Henderson LA, Canna SW, Schuler G, Volpi S, Lee PY, Kernan KF, et al. On the alert for cytokine storm: Immunopathology in COVID-19. *Arthritis Rheumatol.* 2020.
- Tanaka T, Narazaki M, Kishimoto T. Immunotherapeutic implications of IL-6 blockade for cytokine storm. *Immunotherapy.* 2016; 8: 959-70.
- Behrens EM, Koretzky GA. Review: Cytokine Storm Syndrome: Looking Toward the Precision Medicine Era. *Arthritis Rheumatol.* 2017; 69: 1135-43.
- Pedersen SF, Ho YC. SARS-CoV-2: a storm is raging. *J Clin Invest.* 2020.
- Lai WY, Wang JW, Huang BT, Lin EP, Yang PC. A Novel TNF-alpha-Targeting Aptamer for TNF-alpha-Mediated Acute Lung Injury and Acute Liver Failure. *Theranostics.* 2019; 9: 1741-51.
- Balamayooran T, Batra S, Balamayooran G, Cai S, Kobayashi KS, Flavell RA, et al. Receptor-interacting protein 2 controls pulmonary host defense to *Escherichia coli* infection via the regulation of interleukin-17A. *Infect Immun.* 2011; 79: 4588-99.
- Jiang X, Wang Y, Qin Y, He W, Benlahrech A, Zhang Q, et al. Micheliolide provides protection of mice against *Staphylococcus aureus* and MRSA infection by down-regulating inflammatory response. *Sci Rep.* 2017; 7: 41964.
- Segura T, Ayo-Martin O, Gomez-Fernandez I, Andres C, Barba MA, Vivancos J. Cerebral hemodynamics and endothelial function in patients with Fabry disease. *BMC Neurol.* 2013; 13: 170.
- MacLeod AS, Mansbridge JN. The Innate Immune System in Acute and Chronic Wounds. *Adv Wound Care (New Rochelle).* 2016; 5: 65-78.

55. Wu WB, Menon R, Xu YY, Zhao JR, Wang YL, Liu Y, et al. Downregulation of peroxiredoxin-3 by hydrophobic bile acid induces mitochondrial dysfunction and cellular senescence in human trophoblasts. *Sci Rep.* 2016; 6: 38946.
56. Bassetti M, Vena A, Giacobbe DR. The novel Chinese coronavirus (2019-nCoV) infections: Challenges for fighting the storm. *Eur J Clin Invest.* 2020; 50: e13209.
57. Fan XF, Deng YQ, Ye L, Li YD, Chen J, Lu WW, et al. Effect of Xuezhikang Capsule on serum tumor necrosis factor-alpha and interleukin-6 in patients with nonalcoholic fatty liver disease and hyperlipidemia. *Chin J Integr Med.* 2010; 16: 119-23.
58. Huang J, Ning N, Zhang W. Effects of paraquat on IL-6 and TNF-alpha in macrophages. *Exp Ther Med.* 2019; 17: 1783-9.
59. Fu B, Xu X, Wei H. Why tocilizumab could be an effective treatment for severe COVID-19? *J Transl Med.* 2020; 18: 164.
60. Zhou Y, Fu B, Zheng X, Wang D, Zhao C, Qi Y, et al. Pathogenic T cells and inflammatory monocytes incite inflammatory storm in severe COVID-19 patients. *National Science Review.* 2020.
61. Cheng SC, Huang WC, JH SP, Wu YH, Cheng CY. Quercetin Inhibits the Production of IL-1beta-Induced Inflammatory Cytokines and Chemokines in ARPE-19 Cells via the MAPK and NF-kappaB Signaling Pathways. *Int J Mol Sci.* 2019; 20.
62. Granado-Serrano AB, Martin MA, Bravo L, Goya L, Ramos S. Quercetin attenuates TNF-induced inflammation in hepatic cells by inhibiting the NF-kappaB pathway. *Nutr Cancer.* 2012; 64: 588-98.
63. Mlcek J, Jurikova T, Skrovankova S, Sochor J. Quercetin and Its Anti-Allergic Immune Response. *Molecules.* 2016; 21.
64. Yu ES, Min HJ, An SY, Won HY, Hong JH, Hwang ES. Regulatory mechanisms of IL-2 and IFN-gamma suppression by quercetin in T helper cells. *Biochem Pharmacol.* 2008; 76: 70-8.
65. Chen X, Yang X, Liu T, Guan M, Feng X, Dong W, et al. Kaempferol regulates MAPKs and NF-kappaB signaling pathways to attenuate LPS-induced acute lung injury in mice. *Int Immunopharmacol.* 2012; 14: 209-16.
66. Palacz-Wrobel M, Borkowska P, Paul-Samojedny M, Kowalczyk M, Fila-Danilow A, Suchanek-Raif R, et al. Effect of apigenin, kaempferol and resveratrol on the gene expression and protein secretion of tumor necrosis factor alpha (TNF-alpha) and interleukin-10 (IL-10) in RAW-264.7 macrophages. *Biomed Pharmacother.* 2017; 93: 1205-12.
67. Fei J, Liang B, Jiang C, Ni H, Wang L. Luteolin inhibits IL-1beta-induced inflammation in rat chondrocytes and attenuates osteoarthritis progression in a rat model. *Biomed Pharmacother.* 2019; 109: 1586-92.
68. Jang S, Kelley KW, Johnson RW. Luteolin reduces IL-6 production in microglia by inhibiting JNK phosphorylation and activation of AP-1. *Proc Natl Acad Sci U S A.* 2008; 105: 7534-9.
69. Jia Z, Nallasamy P, Liu D, Shah H, Li JZ, Chitrakar R, et al. Luteolin protects against vascular inflammation in mice and TNF-alpha-induced monocyte adhesion to endothelial cells via suppressing IKappaBalpha/NF-kappaB signaling pathway. *J Nutr Biochem.* 2015; 26: 293-302.
70. Nakamura N, Hayasaka S, Zhang XY, Nagaki Y, Matsumoto M, Hayasaka Y, et al. Effects of baicalin, baicalein, and wogonin on interleukin-6 and interleukin-8 expression, and nuclear factor-kappaB binding activities induced by interleukin-1beta in human retinal pigment epithelial cell line. *Exp Eye Res.* 2003; 77: 195-202.
71. Ding Y, Zeng L, Li R, Chen Q, Zhou B, Chen Q, et al. The Chinese prescription Lianhuaqingwen capsule exerts anti-influenza activity through the inhibition of viral propagation and impacts immune function. *BMC Complement Altern Med.* 2017; 17: 130.
72. Yang C, Wang Y, He J, Yan W, Jiang H, Chen Q, et al. Lianhua-Qingwen Displays Antiviral and Anti-Inflammatory Activity and Synergistic Effects with Oseltamivir against Influenza B Virus Infection in the Mouse Model. *Evidence-based complementary and alternative medicine : eCAM.* 2020; 2020: 3196375.
73. Runfeng L, Yunlong H, Jicheng H, Weiqi P, Qin Hai M, Yongxia S, et al. Lianhuaqingwen exerts anti-viral and anti-inflammatory activity against novel coronavirus (SARS-CoV-2). *Pharmacol Res.* 2020; 156: 104761.
74. Tang SW, Zhang YF, Liu KJ, Deng-Feng XU, Wang HR, Zheng-Jie LI. Effects of Lianhua Qingwen Capsule on Lung Tissue Injury and Expression of Inflammatory Cytokines in Mice Exposed to Automobile Exhaust. *Chinese Journal of Experimental Traditional Medical Formulae.* 2015.
75. Tian S, Hu W, Niu L, Liu H, Xu H, Xiao SY. Pulmonary Pathology of Early-Phase 2019 Novel Coronavirus (COVID-19) Pneumonia in Two Patients With Lung Cancer. *J Thorac Oncol.* 2020.
76. Xu Z, Shi L, Wang Y, Zhang J, Huang L, Zhang C, et al. Pathological findings of COVID-19 associated with acute respiratory distress syndrome. *Lancet Respir Med.* 2020; 8: 420-2.
77. Acute respiratory distress syndrome. *Nat Rev Dis Primers.* 2019; 5: 19.
78. Stevens JP, Law A, Giannakoulis J. Acute Respiratory Distress Syndrome. *Jama.* 2018; 319: 732.
79. Vadasz I, Sznajder JI. Gas Exchange Disturbances Regulate Alveolar Fluid Clearance during Acute Lung Injury. *Front Immunol.* 2017; 8: 757.
80. Takano K, Kojima T, Sawada N, Himi T. Role of tight junctions in signal transduction: an update. *Excli j.* 2014; 13: 1145-62.
81. Al-Sadi R, Boivin M, Ma T. Mechanism of cytokine modulation of epithelial tight junction barrier. *Front Biosci (Landmark Ed).* 2009; 14: 2765-78.
82. Zumla A, Chan JF, Azhar EI, Hui DS, Yuen KY. Coronaviruses - drug discovery and therapeutic options. *Nature reviews Drug discovery.* 2016; 15: 327-47.
83. Zhang L, Lin D, Sun X, Curth U, Drosten C, Sauerhering L, et al. Crystal structure of SARS-CoV-2 main protease provides a basis for design of improved α -ketoamide inhibitors. *Science (New York, NY).* 2020; 368: 409-12.
84. Wang X, Liu Z. Prevention and treatment of viral respiratory infections by traditional Chinese herbs. *Chinese medical journal.* 2014; 127: 1344-50.