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The Therapeutic Effect of Human Adult Stem Cells Derived from Adipose Tissue in Endotoxemic Rat Model

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Abstract

Excessive systemic inflammation following sepsis, trauma or burn could lead to multi-organ damage and death. Bone marrow stromal cells (BMSCs), commonly referred to as mesenchymal stem cells (MSCs), has been studied in several immune-associated diseases in human and animal by modulating the inflammatory response. Adipose tissue derived mesenchymal stem cells (ATSCs), which can be obtained more easily, compared with BMSCs, has emerged as an attractive alternative MSCs source for cell therapy. We investigated the therapeutic effects of human ATSCs (hATSCs) in endotoxemic rat model and their capacity to modulate the inflammatory response. Endotoxemia was induced with Lipopolysaccaride intravenously injection (LPS, IOmg/kg). Animals were divided into the following three groups: (1) saline + saline (n=5), (2) LPS + saline (n=5) and (3) LPS + hATSCs (2×10^6) (n=5). The administration of LPS caused a consistent systemic inflammatory responses, increased concentrations of the pro-inflammatory cytokines that have an important role in sepsis. Treatment of endotoxemia with hATSCs decreased the level of inflammatory cytokines both in serum and in the lung, reduced inflammatory changes in the lung, prevented apoptosis in the kidney and improved multi-organ injury. In conclusion, our data demonstrates that hATSCs regulate the immue/inflammatory responses and improve multi-organ injury and they could be attractive candidates for cell therapy to treat endotoxemia.

Key words: Endotoxemia, Adipose tissue derived mesenchymal stem cells(ATSCs)

Introduction

The sepsis involves complex inflammatory responses between a microbial pathogen and the host immune system. The host defense mechanisms fail to block pathogen invasion, which leads to microbial proliferation, and the release of microbial products activates the host inflammatory responses[1]. In early stage sepsis, endogenous pro-inflammatory cytokines and coagulation pathways are hyperactive and out-of-balance, causing multi-organ failure, collapse of the circulatory system, and death[2]. This imbalance is rapidly compensated by an anti-inflammatory response that deactivates the major immune responses. The extent and duration of these multiple immune dysfunctions are related to morbidity and mortality, and the patients who survive sepsis are those who recover normal immune functions[3]. Several clinical trials to control sepsis have modulated these complex inflammatory responses, by neutralizing cytokines with monoclonal antibodies or blocking the receptor of an inflammatory cytokine[4,5]. However, these attempts, which focusing on a single pathway, have had limited efficacy. Mesenchymal stem cells (MSCs) function at several levels of the inflammatory response, especially in the early stage of sepsis, to regulate a wide panel of inflammatory cytokines and inhibit leukocyte infiltration into several target organs[6,7]. Therefore, cell therapy has recently been explored as a new modality to regulate immune responses[8,9].

Apart from BM-MSCs, MSCs have been also identified in several other accessible tissues, including umbilical cord blood, peripheral blood, and adipose tissue [10-12]. Several studies of bone marrow-derived stem cells (BMSCs) have been reported to treat inflammatory diseases[13-17]. However, bone marrow harvest is a painful procedure and low numbers of MSCs are present in the harvested marrow, which can be impose a load on some patients with severe complication[11]. Compared with other tissues, large amounts of adipose tissue can be obtained from lipoaspirates and also contain high numbers of MSCs that can be easily expanded in vitro to generate clinically effective dosages[19]. Because of this, hATSC has become an attractive alternative source of MSCs for cell therapy. Moreover, several studies have demonstrated that adipose tissue stem cells (ATSCs) share some immunomodulatory properties with BMSCs[11,18,19]. We wondered whether human ATSCs (hATSCs) could bring disrupted inflammatory responses back into balance, thus improving the underlying pathophysiology that progresses to severe sepsis, septic shock, and death. Therefore we investigated the therapeutic effects of hATSCs in endotoxemia.

Materials and Methods

Preparation of hATSCs

Subcutaneous adipose tissues were acquired from elective surgeries with patient consent as approved by the Institutional Review Board of the Catholic University of Korea, College of Medicine. Ten grams of adipose tissue was stored in serum-free DMEM/F12 medium (Gibco-BRL). The adipose tissue was then washed thoroughly with PBS (PBS, Sigma-Aldrich, St. Louis, MO, USA) and mechanically chopped before processing. To isolate the stromal vascular fraction (SVF), the tissue was enzymatically digested with serum-free DMEM/F12 medium containing 0.1% collagenase A (Sigma Aldrich) for 30 to 60 minutes at 37°C with continuous shaking. The digested tissue was then washed with DMEM/F12 medium containing 10% fetal bovine serum (FBS), and red blood cells were lysed with 3 ml of red blood cell lysing buffer (Sigma) for 5 minutes. Next, 47 ml of DMEM/F12 medium containing 10% FBS was added, and the cells were applied to a 40 µm cell strainer BD, Falcon, Franklin Lakes, NJ, USA). The cells were centrifuged for 10 minutes at 200 g to remove blood and unnecessary tissue. The cell pellet was washed twice in DMEM/F12 medium containing 10% FBS. The SVF cell pellet was seeded onto a conventional tissue culture flask in DMEM/F12 supplemented with 10% FBS, 1% penicillin, 100 µg/mL streptomycin, 2mM L-glutamine (Gibco-BRL, Sigma Aldrich), in a 37°C incubator with 5% CO2. After 24 h of culture, non-adherent cells were removed. The media was changed every other day. When the monolayer of adherent cells reached 90% confluence, the cells were sub-cultured using 0.05% trypsin-EDTA (Gibco-BRL). For this study, cells were used after 5 passages, and cell viability was assessed using the trypan blue exclusion assay with 0.2% trypan blue.

Phenotypic Characterization of hATSCs

hATSCs were suspended and washed twice in PBS by centrifuging at 200 ×g for 10 min at 4°C. To inhibit unnecessary binding of primary antibodies, the cells were treated with PBS (pH 7.5) supplemented with 1% bovine serum albumin (BSA, Bovogen, Biologicals Pty, Australia) for 30 min at 4°C. Cells were incubated with antibodies then (CD29-FITC, CD34-FITC, CD105-FITC; Invitrogen, CD90-FITC; BD) for 30 min at room temperature. Fluorescence activated cell sorter (FACS) analysis was performed using a FACSCantoII flow cytometer (BD Biosciences, Germany). Gated events (2×10^4) , except doublets and aggregates, were acquired for each sample and analyses were carried out with FlowJo® and FACSdiva software.

Induction of Endotoxemia with LPS and hATSCs Administration

Endotoxemia was induced in male Sprague-Dawley rats weighing 250-320 g. All interventions and animal care were provided in accordance with the Laboratory Animals Welfare Act, the Guide for the Care and Use of Laboratory Animals, and the Guidelines and Policies for Rodent Survival Surgery provided by the Institutional Animal Care and Use Committee at the Catholic University of Korea School of Medicine. All rats had free access to food and water, both before and after the procedure.

Rats were intraperitoneally anesthetized with 30

mg/kg Zolazepam (Zoletil 50, 25mg/ml, Virbac Animal Health Inc., France) and 10 mg/kg xylazine hydrochloride (Rompun, 23.32 mg/ml; Bayer Inc., Toronto, Canada). To induce endotoxemia, lipopolysaccharide (LPS extracted from Escherichia coli 0127: B8, Sigma-Aldrich, St Louis MO; 10 mg/kg) was intravenously injected via the tail vein. A sham intervention was performed using the same amount of saline in control rats. Thirty minutes after administering LPS, either hATSCs (2×106, 100 µl) or saline (100 µl) was slowly injected into the tail vein over 20 min. Rats were randomly assigned to one of three experimental groups: 1) saline solution plus saline treatment (n=5), 2) LPS plus saline treatment (n=5), and 3) LPS plus hATSCs treatment (n=5). During all procedures, rat body temperatures were maintained at 36.5 ± 0.5 °C with a heating pad (FHC, Bowdoinham, ME, USA).

Serum and Tissue Collection

Six hours after LPS challenge, the rats were sacrificed to collect serum and tissue. Blood was collected through cardiac puncture and centrifuged at 2,000 x g for 20 min to obtain the serum. Serum was stored at -70°C to determine cytokine levels and analyze biomarkers. The right lung was removed en bloc and fixed in 10% buffered formalin (Sigma-Aldrich) for histopathology. The left lung was frozen at -70°C to determine cytokine levels. Both kidneys were fixed in 10% formalin for 24 h before TUNEL staining.

Cytokine Measurement in the Serum and Lung

Levels of the cytokines, TNF-a, IL-6, and IL-10, in the serum and lung homogenates were measured by enzyme-linked immunosorbent assay (ELISA) using rat-specific kits (Thermo Scientific, Rockford, IL, USA). The lung was homogenized in ProPrepTM Protein Extraction Solution (iNtRON Biotechnology, Seongnam, Korea) and centrifuged for 10 min at 12,000 rpm. Equal amounts of protein were used for ELISA. ELISA was performed according to the manufacturer's instructions. All samples and standards were measured in duplicate.

Measurement of Biochemical Markers for Organ Dysfunction

Organ dysfunction was determined by measuring biochemical indicators of organ function in serum samples taken 6 hours after LPS challenge. Serum levels of blood urea nitrogen and creatinine (indicators of renal dysfunction), aspartate aminotransferase (AST) and alanine aminotransferase (ALT) (indicators of hepatic dysfunction), and lactate (an indicator of tissue hypoperfusion) were measured by IDEXX VetTest (IDEXX Laboratories, Maine, US).

Histopathology Examination

Lungs from each group were taken for histopathology. The trachea was incised, and a 14-G tube was placed inside. The left lung was ligated with 3-0 silk, and the right lung was fixed by inflation with 10% buffered formalin solution and removed en bloc. Following overnight fixation, the right lung was embedded in paraffin. The specimen was sliced into 4-µM-thick sections and stained with hematoxylin and eosin. Images were taken under a Nikon Eclipse E800 microscope with a 40× objective. Two independent experts blinded to the treatment accessed the Acute Lung Injury Score[20], which comprises 4 components (alveolar capillary congestion, hemorrhage, inflammatory cells infiltrating the airspace or interstitium, and thickness of the alveolar wall) each scored on a 5-point scale (0 = minimal damage, 1+ = mild damage, 2+ = moderate damage, 3+ = severe damage, 4+ = maximal damage). The total injury score was the sum of all component scores.

The kidney was fixed with 10% formalin for 24 hours and embedded in paraffin. Sections were examined for terminal deoxynucleotidyl transferase dUTP nick end labeling (TUNEL) staining with an in situ cell death detection kit (Millipore). TUNEL-positive cells were counted from 4 randomly chosen fields per slide by an investigator, who was blinded to the identity of the slides.

Statistical analysis

Statistical analysis was performed with the Stata/SE program 11.0 (StataCorp LP, College Station, TX). Comparisons among the three groups were made by Kruskal-Wallis test, with p < 0.05 used to reject the null hypothesis. The Bonferroni correction was used to assess differences between two groups, and a value of p < 0.017 was considered statistically significant. The bar on the each graph was expressed as mean \pm standard deviation.

Results

hATSCs Culture and Phenotypic Characterization

After the third passage, hATSCs appeared as a monolayer of flat cells. hATSCs appeared to be regular-sized, spindle-shaped, and had a fibroblastic morphology in culture, which was consistent with mesenchymal stromal cells[21](Fig 1A). hATSCs were 95% viable, as determined by the trypan blue exclusion assay.

The surface markers expressed by hATSCs were determined by FACS to determine the purity of the population. The results demonstrated that the majority of hATSCs expressed MSC surface antigens, such as CD29 (90.8%), CD90 (98.5%) and CD105 (39.7%). and were negative for the hematopoietic stem cell marker, CD34 (<1%)(Fig 1B). hATSCs were classified as mesenchymal stem cells.



A. Morphology of hATSCs



B. Phenotypic Characterization of hATSCs.

Figure 1. A. hATSCs appeared to be of a regular size, spindle shape, and fibroblastic morphology in culture, which is consistent with mesenchymal stromal cells. (×40) **B.** Surface marker expression was determined by FACS. The majority of hATSCs expressed the surface antigens of mesenchymal stem cells (CD29, CD90 and CD105) and were negative for the hematopoietic stem cell marker (CD34).

hATSCs Reduce Systemic Inflammation in Endotoxemic Rats

Rats were randomly assigned to receive injections of saline or hATSCs into a tail vein 30 mins after endotoxemia was induced with LPS. We measured cytokine concentrations in the serum and lung tissue from all groups 6 h after adminstering LPS. Figure 2 summarizes the serum and pulmonary cytokine levels. Compared to control rats, LPS consistently caused systemic inflammatory responses, such as increased concentrations of the pro-inflammatory mediators, TNF-a and interleukin-6 (IL-6), which have central roles in sepsis. hATSCs modulated the increase of these pro-inflammatory mediators in serum and in the lung tissue, especially decreasing the pulmonary IL-6 level (*p<0.017), compared to controls. Both serum and pulmonary TNF-a levels tended to decrease in the hATSC group, compared to the LPS group. Serum levels of the anti-inflammatory cytokine IL-10 in LPS group tended to be higher than hATSC rats, although the difference was not significant. Pulmonary IL-10 was not significantly different among all 3 groups.



Figure 2. Cytokine levels in the serum and lung. Compared with control rats, LPS increased concentrations of the proinflammatory mediators, TNF-a, and interleukin (IL)-6. hATSC treatment modulated the increase in proinflammatory mediators, especially decreased pulmonary IL-6 compared with the LPS group (*p<0.017). Systemic levels of IL-10, an anti-inflammatory cytokine, were higher in the LPS group than the hATSC-treated group, though the difference was not statistically significant. Pulmonary IL-10 did not differ among the three groups. #P<0.017, sham/saline versus LPS/saline group. *P<0.017, LPS/saline versus LPS/hATSC group. n= 5 per group. The bar on each graph expresses mean ± standard deviation.

hATSCs Treatment Improves Multi-Organ Dysfunction induced by LPS

Because the lethality of sepsis is associated with organ failure, we examined the dysfunction and pathology of major organs often injured during sepsis. Organ dysfunction was determined by measuring biochemical indicators in serum samples taken 6 hours after administering LPS. LPS increased the levels of each biomarker, which demonstrated that LPS induced multi-organ dysfunction (Fig 3). Concentrations of the liver enzymes, ALT and especially AST, released into the circulation upon injury, were lower in the hATSC group than the saline group (P < 0.017). Whereas, kidney function, as measured by BUN and creatinine, did not differ between the groups. Lactate, an indicator of tissue hypoperfusion, tended to decrease in the hATSC group compared to the LPS group, but the difference between the groups was not statistically significant.



Figure 3. Effects of hATSC treatments on LPS-induced multi-organ dysfunction. Biomarkers of organ dysfunction (AST, ALT, BUN, creatinine, and lactate) were measured in serum. LPS increased the levels of each biomarker, demonstrating showed multi-organ injury. Administering hATSCs significantly reduced systemic AST levels (indicator of hepatic dysfunction) in endotoxemic rats (P < 0.017 compared with LPS/saline group). ALT also tended to decrease with hATSC treatment. Kidney function (BUN and creatinine) did not differ between the saline- and hATSC-treated groups. Lactate (an indicator of tissue hypoperfusion) tended to improve in the hATSC treated group. #P<0.017, sham/saline vs LPS/saline group. *P <0.017, LPS/saline vs LPS/hATSCs group. n= 5 per group.

Effect of hATSCs Treatment on LPS-induced Acute Lung Injury

Lungs were sampled at 6 h after administering LPS. Lungs from animals receiving LPS and saline had congested alveolar capillaries, hemorrhage, inflammatory cell infiltration, and some alveolar wall thickening (Fig 4B). Lungs from animals treated with hATSCs were devoid of these changes (Fig 4C). To quantify the effects of hATSCs on lung injury, we used the Acute Lung Injury Score. The Acute Lung Injury Score was decreased in the hATSC group compared with the LPS group (p<0.017) (Fig 4D).

hATSCs Treatment Protects the Apoptosis in Kidney

In control rats, apoptotic cells (those with activated caspase-3) were rare in the kidney (Fig 5A), whereas, in endotoxemic rats, many more apoptotic cells were present (Fig 5B). hATSs treatment tended to reduce the number of apoptotic cells, compared with saline treatment (Fig 5C). The number of apoptotic cells stained red (TUNEL-positive) were counted in 4 randomly chosen fields per slide for all 3 groups. There were significantly fewer apoptotic cells in the hATSC treated group compared with the LPS-saline group (p<0.017) (Fig 5D)



A. Control

B. LPS

C. LPS+hATSCs



D. Lung Injury Score

Figure 4. Pulmonary histology by Hematoxylin-Eosin staining in Control (A), LPS (B), and hATSCs-treated LPS rats (C). (×100) (B) Advanced inflammation with congestion of the alveolar capillaries, neutrophil infiltration, and diffuse thickening of the alveolar septum were observed in LPS group. (C) Neutrophil infiltration and thickening of alveolar septum were attenuated by hATSCs treatment. D. Acute Lung Injury Score was lower in the hATSCs-treated group (4.2 ± 0.8367) than the LPS-saline group (7.2 ± 0.8367). #P<0.017, sham/saline vs LPS/saline group, *P <0.017, LPS/saline vs LPS/hATSCs group. n= 5 per group.



A. Control



C. LPS+hATSCs



D. The number of apoptotic cells

Figure 5. hATSC treatment decreases apoptosis in the kidney after LPS challenge. TUNEL staining was used to identify apoptotic cells in kidney in the control (A), LPS (B) and LPS/hATSCs groups (C). (×100). In control rats, apoptotic cells (TUNEL-positive nuclei stained red) were rare in the kidney, whereas, they were common in endotoxemic rats. hATSCs treatment reduced the number of apoptotic cells compared with the LPS/saline group. D. The total number of apoptotic cells (TUNEL-positive) cells were counted in 4 randomly chosen fields per slide cells in kidney. There were significantly fewer apoptotic cells in the hATSCs-treated group(9.6 \pm 3.209) than the LPS-saline group (21.8 \pm 4.764). (p<0.017). #P<0.017, sham/saline vs LPS/saline group,*P<0.017, LPS/saline vs LPS/hATSCs group. n= 5 per group.

Discussion

The severity of sepsis is determined more by the specificity and ferocity of the host response than by the inciting organism. Uncontrolled inflammatory and coagulopathic mechanisms lead to endothelial and epithelial cell injury, apoptosis and cellular activation increased production with of anti-inflammatory mediators, leukocyte adhesion and transmigration, and activation of the coagulation and complement systems. Ironically, the inflammatory and coagulopathic mechanisms that are detrimental when uncontrolled during sepsis are probably beneficial on a normal day. Confined inflammation and accelerated coagulation are beneficial when they limit spread of local infection or injury[22].

Stem cells characteristic include self-renewal,

long-term viability, and the potential to differentiate into diverse cell types depending on specific environmental conditions. This potential makes MSCs attractive candidates for cell therapy applications[23-25]. Attempts to use BMSCs therapeutically have been explored in preclinical and clinical studies of various immune associated diseases, such as ischemic heart disease, ischemic kidney injury, and Crohn's disease[26-32]. Also, several reports have demonstrated the therapeutic efficacy of BMSCs in animal models of sepsis and that BMSCs suppress systemic inflammation[8,33,34].

A critical issue for the clinical use of BMSCs, however, is the large quantities required for treatment. MSCs from subcutaneous adipose tissue were first identified by Zuk et al[11]. Since then, ATSCs have been studied as an alternative to BMSCs in several animal models of incurable diseases[26,36,37]. Unlike BMSCs, large amounts of ATSCs can be easily obtained from a disposable byproduct of lipoaspiration of healthy donors, and rapidly expanded in vitro to generate sufficient dosages[19,21,37]. Moreover, ATSCs have been shown to share immunomodulatory properties with BMSCs[19,36].

The beneficial effects of MSCs were mostly attributed to paracrine effects, the release of signaling factors for tissue repair, rather than incorporation into tissue, trans-differentiation, or fusion with cells in injured areas[38,39]. These paracrine effects have been attributed to immunosuppresive cytokines such as transforming growth factor- β (TGF- β), hepatocyte growth factor, prostaglandin E2, IL-10, and NFkB[34,40]. Those soluble factors and products derived from MSCs, modulate immune responses, create an immunosuppressive microenvironment capable of modulating inflammation. Aggarwal et al. showed that MSCs decreased secretion of TNF-a by mature type 1dendritic cells[7]. Currently, the precise mechanisms by which MSCs act remain unclear, but MSCs seem to have effects at multiple levels, not just a single immune response pathway [26,35].

The fact that our results occurred in a short time frame also suggests that hATSCs have beneficial effects through paracrine activity, rather than cell differentiation or cell fusion.

Like other reports, we observed that hATSC treatment significantly decreased the levels of pro-inflammatory cytokines (TNF-a and IL-6) and attenuated inflammatory changes in the lungs in response to experimental endotoxemia[9,24,36,37].

Multi-organ failure contributes to mortality in sepsis. The lung is the most common organ involved in severe sepsis, rapidly resulting in respiratory insufficiency[22,41]. Perhaps, because the lung is the only organ to directly receive the entire cardiac output and to be thoroughly exposed to all inflammatory and coagulation abnormalities[41]. In this study, hATSC treatment significantly diminished the levels of pulmonary proinflammatory cytokines, especially IL-6, and reduced the acute lung injury score.

We observed that hATSCs improved multi-organ failure due to decreased pro-inflammatory cytokines and reduced apoptosis in the kidney. The liver enzymes(ALT,AST) and lactate as an indicator of tissue hypoperfusion were decreased in the hATSC group . This results suggests that, hATSCs seem to reduce the detrimental imbalanced inflammation through several pathways and at several levels, in contrast to what can be achieved by any single mediator .

Gonzalez-Rey et al. demonstrated that hATSCs

decreased inflammatory cytokine levels and increased IL-10 levels in experimental colitis[37]. We observed similar reductions in pro-inflammatory cytokine levels, but systemic IL-10 was not increased by hATSC treatment. In contrast, systemic IL-10 decreased in the hATSC treatment group, though not significantly, and pulmonary IL-10 level did not differ among the 3 groups. Shirley also had reported similar results like us, decreased IL-10 in the BMSC-treated group and elevated IL-10 in saline-treated CLP septic mice[24]. This discrepancy of IL-10 results may be due to differences in study design. Ne'meth et al. studied the effects of BMSCs pretreatment, thus BMSCs were delivered 24 hours before CLP procedure[34]. IL-10 levels started to rise 3 hr after BMSCs treatment, almost doubled by 6 hours, and were still elevated at 12 hr. Whereas, we measured IL-10 levels 6 hours after hATSC treatment, thus they may not have reached their maximum level. Therefore, further IL-10 increases might have been possible, given more time. In addition, Gonzalez-Rey et al used a higher ratio of hATSCs to animal weight (1 x 10⁶ in mice, weight 30g) compared with our study (2 x 106 in rat, weight 250~300g)[37]. These differences in study design may result in conflicting observations of IL-10.

One limitation of this study is the endotoxemic animal model, which does not completely reflect septic conditions in humans. A variety of experimental animal models have been used to study sepsis pathophysiology and treatment[42]. We used an endotoxemia model instead of a polymicrobial sepsis model that may better mimic human sepsis. The reason we chose this model was because the primary experimental question was whether hATSC treatment would modulate inflammation and systemic inflammation abnormalities, especially early in sepsis, can be observed and quantified more quickly and reliably in animal models of endotoxemia[43]. Further studies to explore the effects of hATSCs in sepsis should consider polymicrobial models. Also, the timing of exogenous stem cell infusion after injury may be important, but the optimal time point has not yet been established. In this study, we infused hATSCs 30 min after inducing sepsis, which is not clinically possible. Therefore, future studies should explore the effects of hATSCs infused at different times after sepsis.

In conclusion, hATSC treatment in an endotoxemic rat model modulated host responses, decreased inflammatory cytokine levels in serum and lung, reduced alveolar inflammatory cell infiltration in the lung, and prevented apoptosis in the kidney in response to endotoxemia. hATSC administration also reduced liver injury and improved tissue hypoperfusion. A systemic hATSC injection at the disease onset ameliorated the serological and histological signs of endotoxemia and they could be attractive candidates for cell therapy to treat endotoxemia.

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Competing Interests

The authors have declared that no competing interest exists.

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