

Research Paper

Infliximab and Etanercept Are Equally Effective in Reducing Enterocyte APOPTOSIS in Experimental Colitis

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Loss of epithelial barrier integrity is considered an early step in the pathogenesis of Crohn's disease (CD), and the rate of enterocyte apoptosis is one of the determinants of the intestinal barrier function. Tumor necrosis factor- α (TNF- α), one of the major proinflammatory mediators in CD, is one of the extrinsic signals which initiate apoptosis of enterocytes. The aim of this study was to investigate the early effects of experimental colitis on enterocyte apoptosis, and the effects of two anti-TNF treatments, infliximab (IFX) and etanercept (ETC). In addition, the importance of receptor I for TNF was tested in TNFR-1^{-/-} mice.

Circulating TNF- α levels were effectively reduced by IFX and ETC ($p < 0.01$, both) at 3 and 6 h. Apoptosis of the ileal enterocytes, assessed by TUNEL staining, staining for Fas-ligand, and bax, increased at 3 and 6h. These alterations were prevented by both anti-TNF strategies, and in TNFR-1^{-/-} animals. The anti-apoptotic protein Bcl-2 was expressed in the ileal epithelium under control conditions, but was suppressed in DNB-colitis. Expression of Bcl-2 was maintained in both anti-TNF treatments and TNFR-1^{-/-} mice.

DNB colitis induced a very early, rapid increase of enterocyte apoptosis. Both anti-TNF strategies, IFX and ETC, were equally effective in suppressing enterocyte apoptosis, most likely by inactivation of circulating TNF- α .

Key words: TNF- α , Enterocyte, Apoptosis, Experimental Colitis

INTRODUCTION

A defect of the gastrointestinal barrier function can be considered an important stage in the pathogenesis of Crohn's disease (CD), leading to increased penetration of luminal antigens in the gut wall, thus initiating a self-perpetuating immune response.

Whereas most research in the past few years has focused on the apical junctional complex between enterocytes [for review see ref 1-3], little attention has been given to the programmed cell death of enterocytes, i.e. apoptosis. Under normal conditions, epithelial cell shedding does not contribute to an alteration of the intestinal barrier [4], but an increase of the apoptotic rate may generate leaks contributing to a decrease in barrier function. It has been shown that tumor necrosis factor- α (TNF- α)-induced apoptosis contributes significantly to the loss of ions and water, and to the passage of small antigens [5].

In CD, an imbalance of apoptosis is reported, characterized by prolonged survival of lamina propria proinflammatory cells [6,7] together with a shortened survival of the epithelial cell lining [8]. With the recent introduction of biologic therapies, it has been shown that Infliximab, a chimeric mouse/human IgG1 antibody against TNF- α , normalizes apoptotic rates by increasing T-cell death [9] and decreasing epithelial cell apoptosis [5,10]. However, most research has concentrated on the regulatory effect of Infliximab (IFX), or its fully human analog adalimumab (ADA), on apoptosis of proinflammatory cells, such as monocytic cell lines and lamina propria T-cells, and this effect has been explained by the direct interaction of these antibodies with membrane-bound TNF. Etanercept (ETC), a synthetic fusion protein of a recombinant human TNF receptor subunit with a human IgG1, failed to show clinical efficacy [11] and

appeared to be less effective at inducing apoptosis of peripheral blood monocytes and of lamina propria derived T-cells [12,13], although some activity in cell-dependent cytotoxicity and antibody-dependent cell-mediated cytotoxicity has been reported recently [14]. Finally, some doubt about the importance of the pro-apoptotic effect in the mediation of clinical efficacy has been added recently after positive clinical studies with certolizumab, a pegylated humanized Fab' fragment of an IgG4 [15].

Since no information on the epithelial effects of the anti-TNF strategy is yet available, we designed the present study to investigate the very early effects of experimental colitis on ileal enterocyte apoptosis, induced by dinitrobenzenesulphonic acid (DNB), a model which is very close to the classical Th-1 model employing trinitrobenzenesulphonic acid (TNB). In this model, we have previously shown that both IFX and ETC, prevent alterations of enterocyte tight junctions [16]. In the present setting, we studied the effects of experimental colitis on ileal enterocyte apoptosis by means of TUNEL staining, immunohistochemistry for Fas-Ligand, the expression and immunostaining of bax and the anti-apoptotic protein bcl-2, and the effects of TNF-blockade by IFX and ETC. In an additional experiment, the results were compared to the effects of DNB colitis in knockout (k.o.) mice for the receptor I of TNF- α (TNFR-1 $^{-/-}$).

MATERIALS AND METHODS

All experiments were carried out in accordance with the national law on animal protection. Experimental protocols were approved by the Ethics Committee of the University of Messina. Male CD mice (Harlan, Italy) were housed for two weeks under standard conditions, with free access to tap water and standard lab chow. Colitis was induced by intrarectal administration of 5 mg of dinitrobenzenesulphonic acid (DNB) dissolved in 50% ethanol under light ether anesthesia. Control colitis was induced by intrarectal instillation of 50% ethanol only. Twenty-five mice per group were sacrificed at 3 and 6 hours after colitis induction. Blood was drawn by intracardiac puncture under ether anaesthesia, the abdomen was opened by a midline incision and the entire colon was removed, opened and macroscopic damage score determined [17]. Subsequently, the distal colon and terminal ileum were cut in longitudinal slices and fixed in buffered formalin.

In a second experiment, mice were treated one hour before colitis induction with Infliximab (IFX; Schering-Plough, Milan; Italy; 5 mg/kg i.p.) or with Etanercept (ETC; Wyeth, Milan; Italy; 5 mg/kg s.c.). In parallel, mice subjected to anti-TNF treatment with

sham colitis and colitis with sham treatment served as controls with an identical protocol as above. Both treatments have been shown to effectively antagonize TNF effects in vivo in mice [18,19].

In a third experimental setting, in mice lacking the TNF membrane receptor I (TNFR-1 $^{-/-}$, Jackson Laboratory, Bar Harbor, MN; USA) colitis was induced as above and animals were sacrificed at 3 and 6 h.

Serum TNF- α determination

Blood was spun and serum stored at -80°C, until analysis. Serum concentrations of TNF- α were determined by ELISA (Euroclone, Devon; UK).

Histologic evaluation

After fixation for 1 week at room temperature in buffered formaldehyde solution (10% in phosphate buffered saline), samples were dehydrated in graded ethanol and embedded in paraplast (Sherwood Medical, Mahwah, NJ; USA). Thereafter, 7 μ m sections were deparaffinized with xylene, stained hematoxylin/eosin, observed with a Axostar Plus equipped with AxioCam MRc (Zeiss, Milan, Italy) and studied using an Imaging computer program (AxioVision, Zeiss, Milan, Italy).

Immunohistochemical assessment of apoptosis.

After deparaffinization, slices were treated with protease (type XIV, Sigma) (2 mg/ml) for 10 min at 37°C. Endogenous peroxidase was quenched with 0.3% (v/v) hydrogen peroxide in 60% (v/v) methanol for 30 min. Non-specific adsorption was minimized by incubating the section in 2% (v/v) normal goat serum in PBS for 20 min. Endogenous biotin or avidin binding sites were blocked by sequential incubation for 15 min with biotin and avidin (DBA, Milan, Italy), respectively. Sections were incubated overnight with 1) polyclonal rabbit anti-Bcl-2 antibody (1:200 in PBS, w/v), 2) anti-bax (1:200, w/v) (anti-Bcl-2 and -bax antibodies, Santa Cruz Biotechnology, Inc., Santa Cruz, CA; USA), or 3) anti-Fas-L (1:50, w/v) (Novocastra Lab Ltd, Newcastle upon Tyne, UK). Sections were washed with PBS, and incubated with secondary antibody obtained from Jackson Immuno Research, Laboratories, INC (Jackson San Francisco, CA, USA). Specific labeling was detected with a biotin-conjugated goat anti-rabbit IgG and avidin-biotin peroxidase complex (DBA, Milan, Italy). The counter stain was carried out with nuclear fast red (red background). All sections were observed using light microscopy (Axostar Plus equipped with AxioCam MRc, Zeiss, Milan, Italy) and studied using an Imaging computer program (AxioVision, Zeiss, Milan, Italy).

Terminal Deoxynucleotidyltransferase-Mediated UTP End Labelling (TUNEL) Assay.

TUNEL assay was conducted by using a TUNEL detection kit according to the manufacturer's instruction (Apotag, HRP kit, Chemicon International, Milan, Italy). Briefly, sections were incubated with 20 µg/ml proteinase K for 15 min at room temperature and then washed with PBS. Endogenous peroxidase was inactivated by 3% H₂O₂ for 30 min at room temperature and then washed with PBS. Sections were incubated with Working Strength TdT Enzyme in a humid atmosphere at 37°C for 60 min, and then washed with stop wash buffer. The sections were incubated at room temperature for 30 min with anti-digoxigenin-peroxidase and the signals were visualized with diaminobenzidine. Sections were counterstained with methyl-green (green background) (Vector Lab, Milan; Italy).

Total protein extraction and Western blot analysis

Tissue samples from the terminal ileum were homogenized with an Ultra-turrax T8 homogenizer in a buffer containing 20mM HEPES pH 7.9, 1.5mM MgCl₂, 400 mM NaCl, 1 mM ethylenediaminetetraacetic acid (EDTA), 1 mM ethyleneglycoltetraacetic acid (EGTA), 1 mM dithiothreitol (DTT), 0.5 mM phenylmethylsulphonyl fluoride (PMSF), 1.5 µg/ml trypsin inhibitor, 3 µg/ml pepstatin, 2 µg/ml leupeptin, 40 µM benzidamin, 1% NP-40, 20% glycerol. The homogenates were centrifuged (13000 rpm, 15 min, 4°C); the supernatant was collected to evaluate contents.

Protein concentration was determined with the Bio-Rad protein assay kit. Proteins were mixed with gel loading buffer; (50 mM Tris, 10% (w/v) sodium dodecyl sulphate (SDS), 10% (w/v) glycerol, 10% (v/v) 2-mercaptoethanol, 2 mg/ml bromophenol), boiled for 5 min and centrifuged at 10000 rpm for a few seconds. Protein concentration was determined and equivalent amounts (50 µg) of each sample electrophoresed in a 12% (w/v) discontinuous polyacrylamide minigel. Proteins were separated electrophoretically and transferred to nitrocellulose membranes. For immunoblotting, membranes were blocked with 5% non-fat dry milk in Tris-buffered saline (TBS) for 1 h and then incubated with primary antibodies against Bcl-2 (1:100), bax (1:100), and β-actin (1:5000) (Santa Cruz Biotechnology, CA; USA) over-night at 4°C. The membranes were washed three times for 10 min in TBS with 0.1% Tween 20 and incubated with AffiniPure Goat Anti-Rabbit IgG coupled to peroxidase (1:5000). The immune complexes were visualized using the SuperSignal West Pico chemiluminescence Substrate (PIERCE, USA).

Data presentation and statistics

Data of circulating TNF concentrations, macroscopic damage score, and densitometric units (Western-blot) are given as mean values ± SEM; comparison was made with the Mann-Whitney test and Bonferroni's correction; a p value <0.025 was considered significant.

RESULTS

Macroscopic damage score (Table 1) and serum TNF-α (Table 2) are effectively reduced by anti-TNF treatment

DNBS colitis led to high circulating TNF-α levels at 3 and 6 hours post-induction, which were effectively reduced by IFX at 3h and 6 h (p<0.01, both) compared with untreated colitis, and only at 6 h by ETC (p<0.01). Macroscopic damage score was similar in all groups at 3h, but significantly (p<0.05) reduced in both treatment groups at 6 h compared to untreated colitis. At both time-points k.o. mice for TNFR-1 had a similar damage score to untreated animals.

Table 1: macroscopic damage score 3 h and 6 h after colitis induction in untreated colitis (DNBS), colitis treated with IFX 5 mg/kg i.p. (DNBS + IFX), in colitis treated with ETC 5 mg/kg s.c., and in TNFR1 k.o. mice (TNFR^{-/-}); * p<0.05 vs corresponding untreated colitis; unpaired t-test.

	Macroscopic damage score	
	3 hours	6 hours
DNBS (n = 25)	1.4 ± 0.2	2.2 ± 0.3
DNBS + IFX (n = 25)	1.2 ± 0.2	1.1 ± 0.4 *
DNBS + ETC (n = 25)	1.9 ± 0.4	0.9 ± 0.4 *
TNFR ^{-/-} (n = 25)	0.8 ± 0.1	1.4 ± 0.4

Table 2: serum TNF-alpha concentrations at 3 h and 6 h in untreated colitis (DNBS), colitis treated with IFX 5 mg/kg i.p. (DNBS + IFX), and in colitis treated with ETC 5 mg/kg s.c.; * p<0.01 vs corresponding untreated colitis; unpaired t-test.

	Serum TNF-alpha; pg/ml	
	3 hours	6 hours
DNBS (n = 25)	149 ± 8	100 ± 2
DNBS + IFX (n = 25)	42 ± 2 *	67 ± 6 *
DNBS + ETC (n = 25)	110 ± 9	39 ± 9 *

Enterocyte apoptosis in experimental colitis and effects of TNF- inhibition and lack of TNFR-1

Isolated positivity was observed at any time-point in control ilea on TUNEL staining (fig.1), nor in sham colitis treated with ETC or IFX. Three hours after colitis induction a few cells distributed along the entire length of the villi stained positive (fig.

1 C). At 6 h, the number of apoptotic cells had increased (fig. 1 D). No TUNEL-positive cells were observed at either time-points with either treatment, ETC or IFX (fig. 1 E-H), nor in TNFR-1^{-/-} mice (fig. 1 I,J).

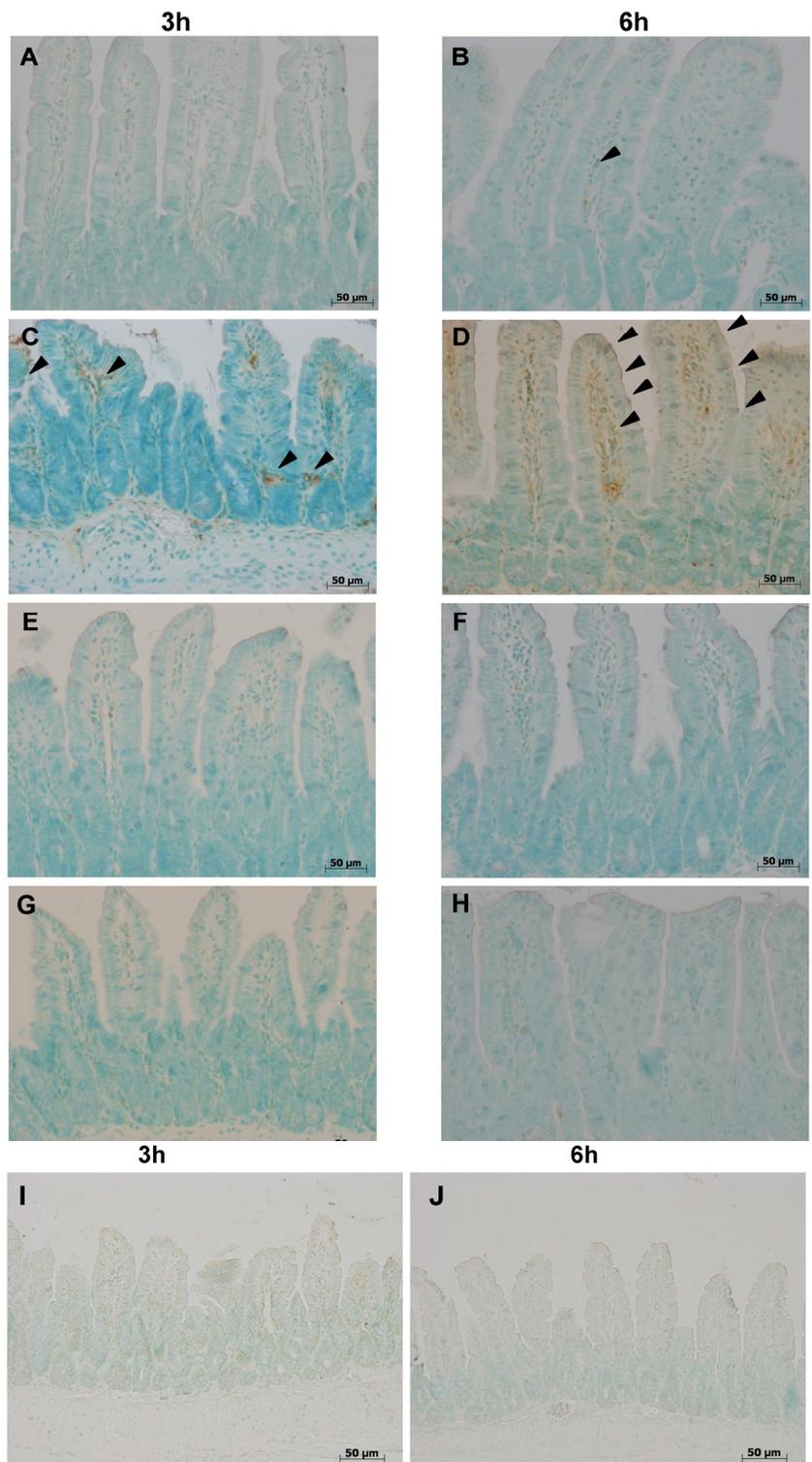
Fig. 1: TUNEL staining at 3 h (left column) at 6 h (right column) in control ilea (A,B) showing no positivity except for isolated enterocytes at both time-points; positivity (arrowheads) appeared 3 h (B) after colitis induction with DNB/ethanol along the villus axis and increased at 6 h (C); positivity of TUNEL staining was completely prevented by treatment with ETC (5 mg/kg s.c.) (E,F) and with IFX (G,H), and in TNFR-1^{-/-} mice (I,J).

Fas-L (fig 2) was not detectable under control conditions in the ileal mucosa. Three and 6 hours after colitis induction, enterocyte nuclei and cytoplasm stained positive in the two upper thirds of the villi, whereas the lower third remained negative (fig. 2 B,C). Expression of Fas-L was absent at both time-points in colitis treated with ETC or IFX (fig. 2 E-H), and in TNFR-1^{-/-} mice (fig. 2 I,J).

Like Fas-L, bax was also not detectable in controls (fig 3 A,B), but was increased in animals with colitis (fig. 3 C,D), especially in the crypt compartment. Treatment with ETC (fig 3 E,F) and with IFX (fig. 3 G,H) and the absence of the receptor-1 for TNF- α (fig. 3 I,J) prevented the expression of bax in the ileal enterocytes. On Western-blot analysis (fig. 4) bax was expressed strongly in the ileal mucosa of animals with colitis at 3 and 6h. This increased expression was effectively prevented by both IFX and ETC. In TNFR-1^{-/-} mice with colitis, some expression of bax in the subepithelial layer was present.

Expression of the anti-apoptotic protein bcl-2 (fig. 5) was evident under control conditions in the upper $\frac{3}{4}$ of ileal villi (fig. 5 A,B). Expression of bcl-2 was completely abolished in mice with experimental colitis, at both time-points (fig. 5 C,D). Both treatments, ETC and IFX, prevented the loss of bcl-2 at 3 and 6 h (fig. 5 E-H). Similarly, in TNFR-1^{-/-} mice, bcl-2 was preserved at both time-points (fig. 5 I,J).

On Western-blot analysis, protein concentration of bcl-2 (fig. 6) was significantly reduced ($p < 0.01$ or less) in mice with colitis compared to untreated sham colitis or sham colitis treated with IFX or ETC, but was preserved in mice with colitis, by either treatment, IFX and ETC, at 3 and 6 hours.



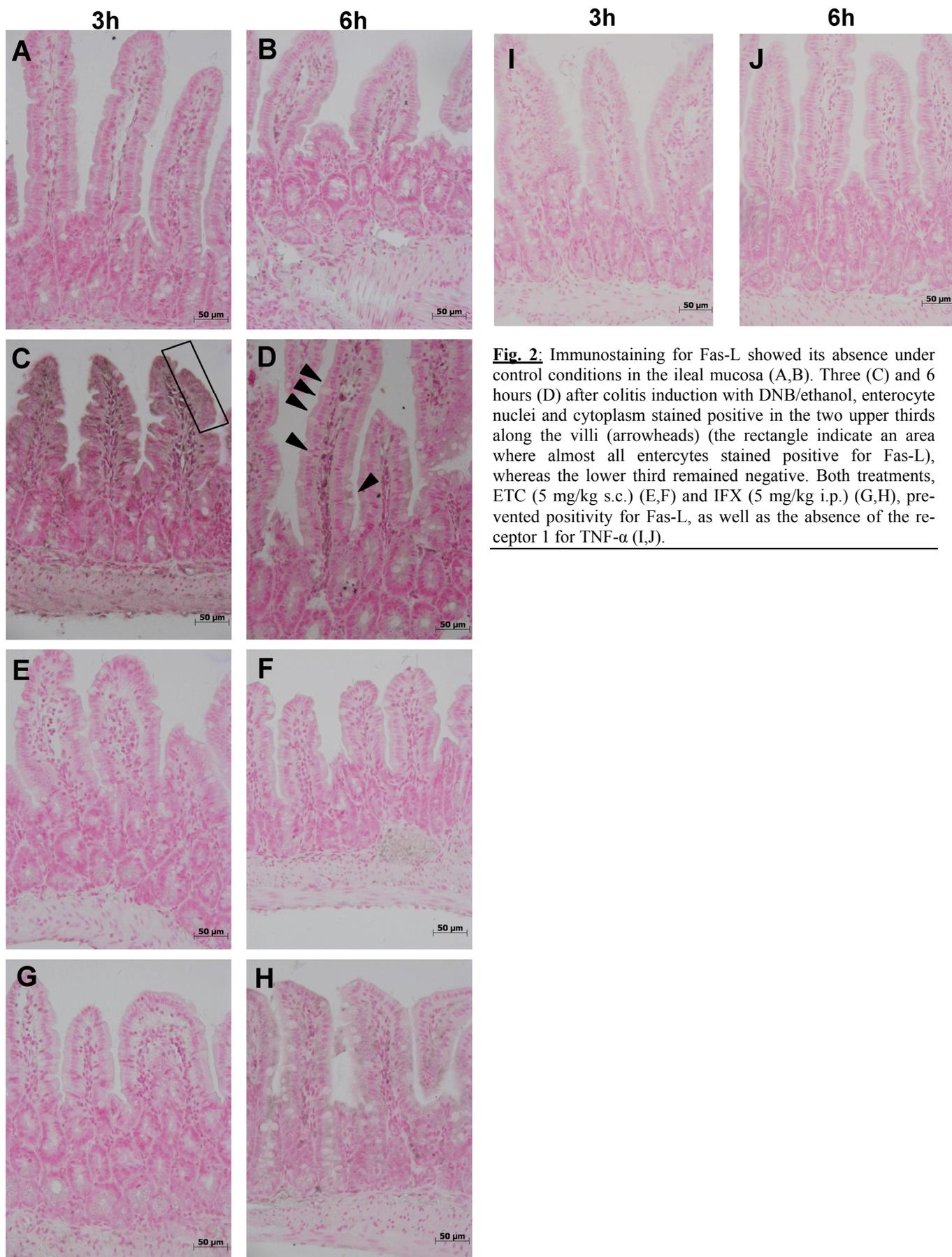


Fig. 2: Immunostaining for Fas-L showed its absence under control conditions in the ileal mucosa (A,B). Three (C) and 6 hours (D) after colitis induction with DNB/ethanol, enterocyte nuclei and cytoplasm stained positive in the two upper thirds along the villi (arrowheads) (the rectangle indicate an area where almost all enterocytes stained positive for Fas-L), whereas the lower third remained negative. Both treatments, ETC (5 mg/kg s.c.) (E,F) and IFX (5 mg/kg i.p.) (G,H), prevented positivity for Fas-L, as well as the absence of the receptor 1 for TNF- α (I,J).

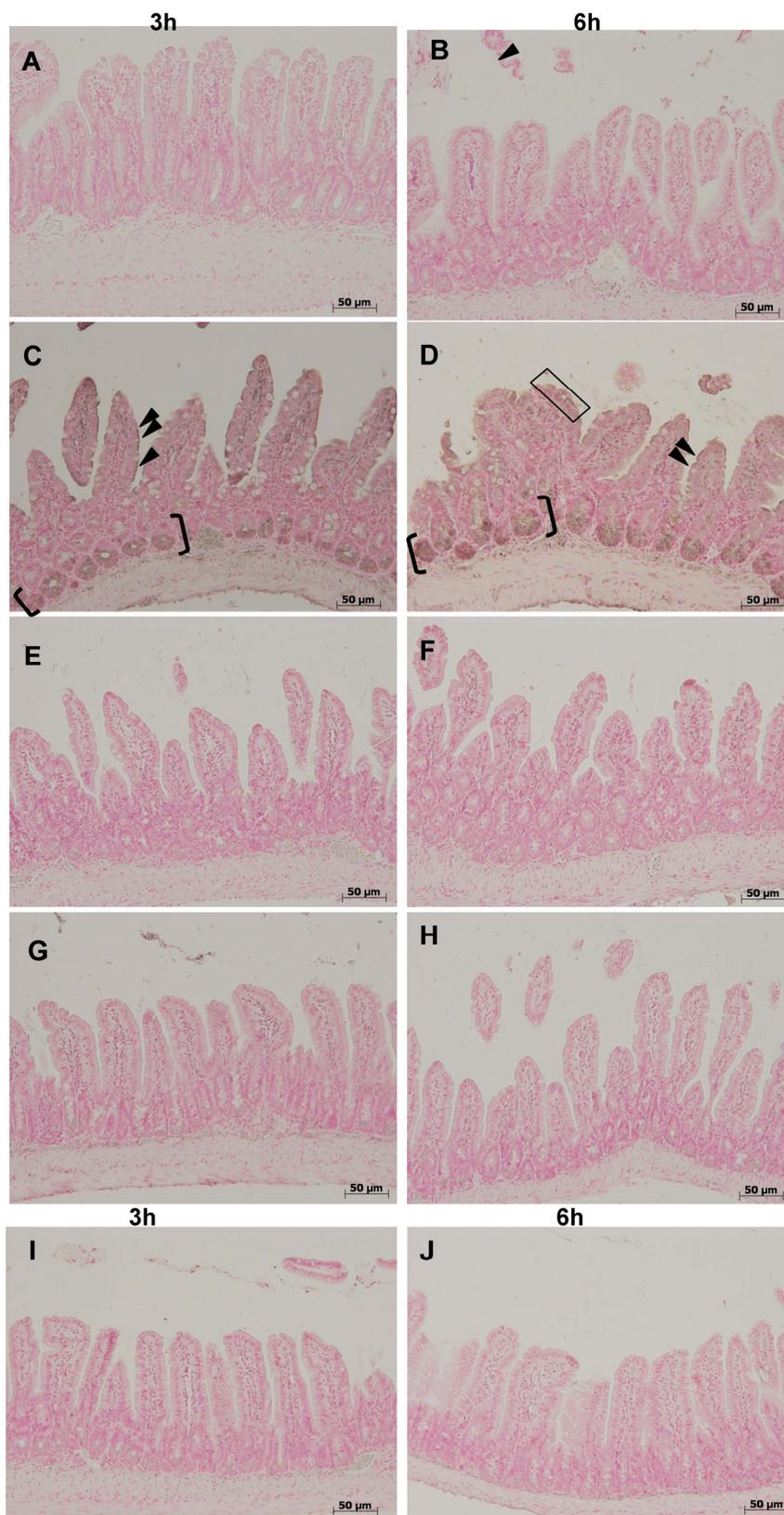


Fig. 3: Immunostaining for bax showed its absence under control conditions in the ileal mucosa (A,B). Three (C) and 6 hours (D) after colitis induction with DNB/ethanol, enterocyte nuclei and cytoplasm stained positive in the two upper thirds along the villi (arrowheads) and the crypt compartment (a short segment is highlighted within brackets). Both treatments, ETC (5 mg/kg s.c.) (E,F) and IFX (5 mg/kg i.p.) (G,H), prevented positivity for bax, as well as the absence of the receptor 1 for TNF- α (I,J).

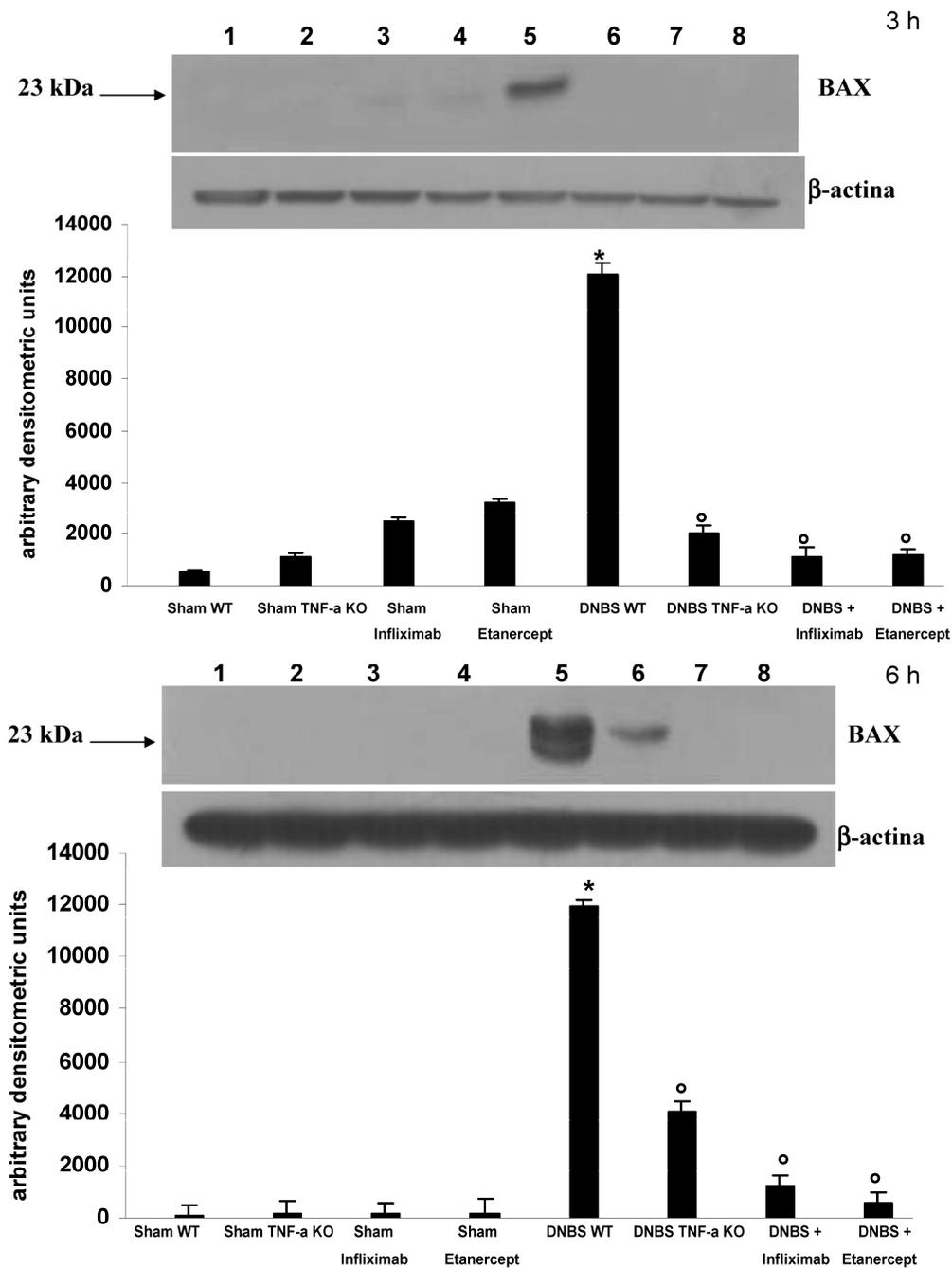


Fig. 4: Western-blot analysis of ileal concentrations of bax three hours (a; upper panel) and 6 hours (b; lower panel) in control animals with sham colitis (sham WT), in control TNFR-1^{-/-} animals and sham colitis (sham TNF-α KO), in animals treated with ETC or IFX alone without colitis, in animals with DNBS/ethanol colitis and sham treatment (DNBS WT), in TNFR-1^{-/-} animals with colitis (DNBS TNF-α KO), and in animals with colitis and ETC or IFX treatment; protein expression of bax was significantly increased in DNBS colitis compared with all other conditions. At 6 h in TNFR-1^{-/-} animals with colitis traces of bax were detectable. These trace amounts were due to subepithelial bax expression.

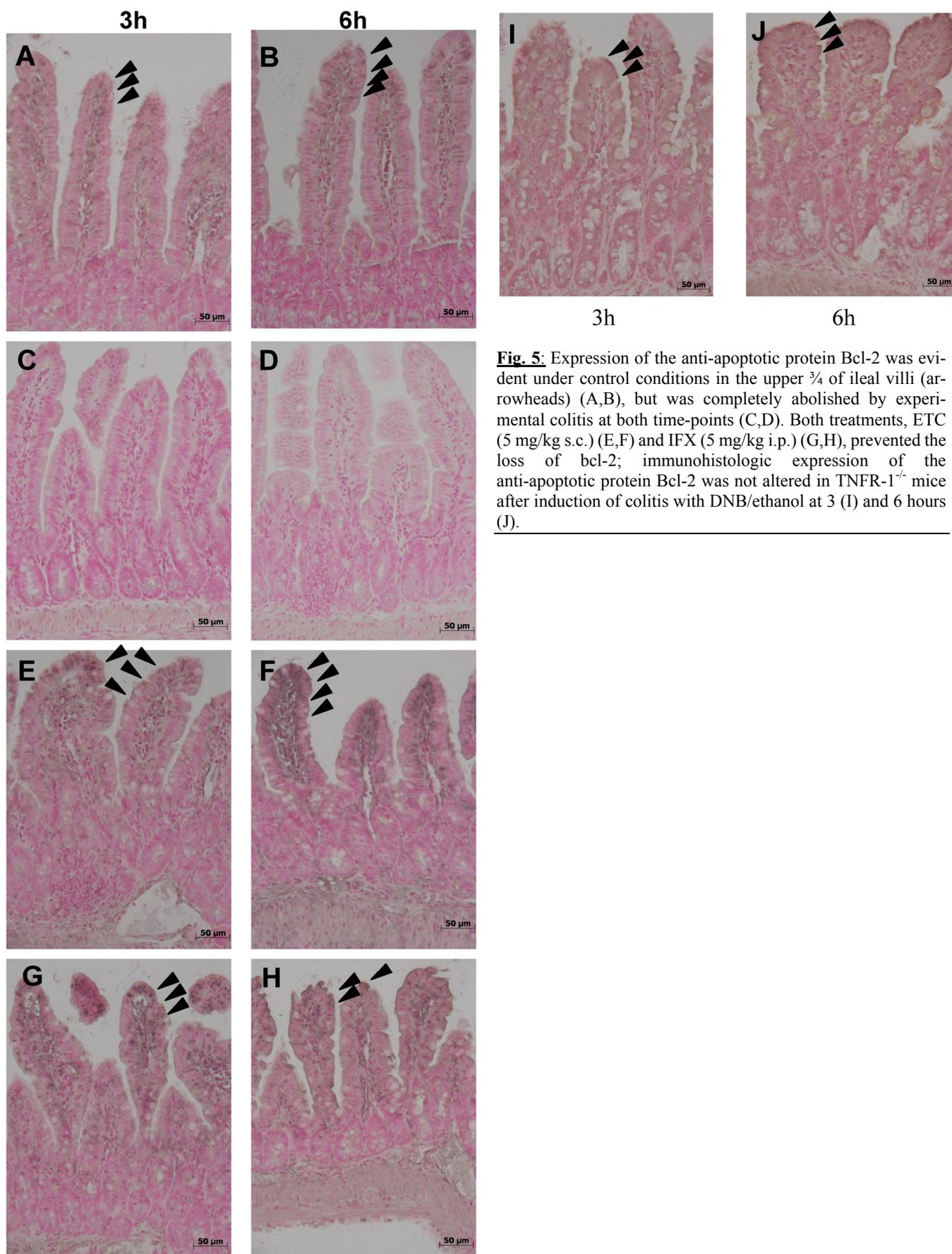


Fig. 5: Expression of the anti-apoptotic protein Bcl-2 was evident under control conditions in the upper 3/4 of ileal villi (arrowheads) (A,B), but was completely abolished by experimental colitis at both time-points (C,D). Both treatments, ETC (5 mg/kg s.c.) (E,F) and IFX (5 mg/kg i.p.) (G,H), prevented the loss of bcl-2; immunohistologic expression of the anti-apoptotic protein Bcl-2 was not altered in TNFR-1^{-/-} mice after induction of colitis with DNB/ethanol at 3 (I) and 6 hours (J).

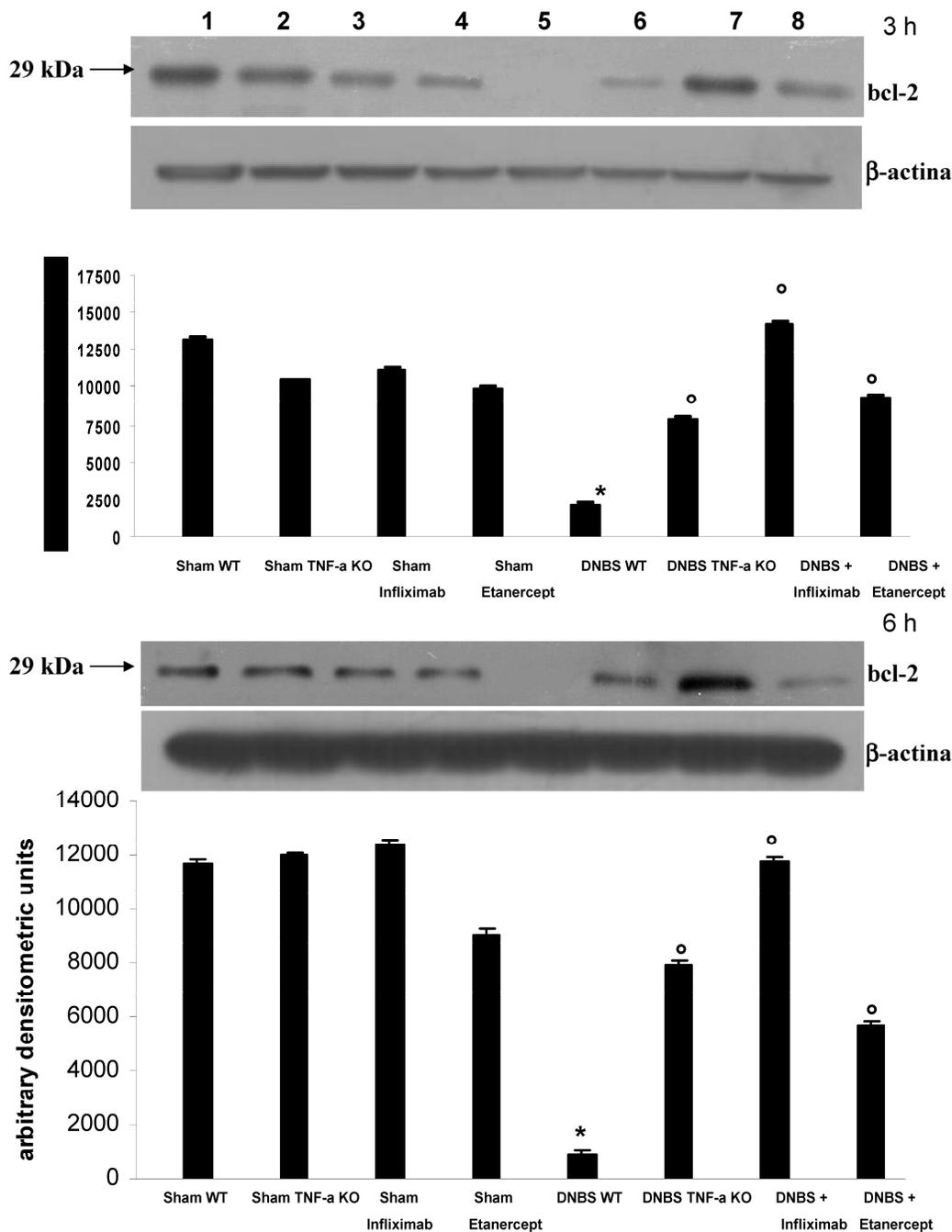


Fig. 6: Western-blot analysis of ileal concentrations of Bcl-2 three hours (a; upper panel) and 6 hours (b; lower panel) in control animals with sham colitis (sham WT), in control TNFR-1^{-/-} animals and sham colitis (sham TNF- α KO), in animals treated with ETC or IFX alone without colitis, in animals with DNBS/ethanol colitis and sham treatment (DNBS WT), in TNFR-1^{-/-} animals with colitis (DNBS TNF- α KO), and in animals with colitis and ETC or IFX treatment; protein expression of Bcl-2 was significantly reduced in DNBS colitis compared with all other conditions.

DISCUSSION

In the present experiment, the short term effects of DNB colitis on apoptosis of the ileal enterocytes have been shown for the first time in a whole organism, thus underlining the evidence that this model may be used to study inflammation-associated effects

on programmed cell death of enterocytes. Additionally, we have demonstrated that both anti-TNF treatments, ETC and IFX, were equally effective in abolishing colitis-induced enterocyte apoptosis, and we confirmed that the proapoptotic effect is mediated through receptor 1 for TNF- α .

At present, few studies have addressed the effect of TNF- α *in vivo* on epithelial cell apoptosis [20] and its role in chronic inflammatory bowel diseases (IBD), especially in non-inflamed gut segments. Most research has focused on actively inflamed mucosa in experimental models [21] as well as in human disease [5,10,22]. In a very recent paper, an upregulation of TNF-related apoptosis-inducing ligand (TRAIL), a membrane-bound protein with a very close homology to TNF- α and FasL, has been found on enterocytes of actively inflamed mucosa of patients with IBD [23]. TRAIL thus represents an additional pro-apoptotic mechanism in IBD. In the present paper, for the first time we show that epithelial cell apoptosis increased distantly from actively inflamed mucosa in this model of experimental colitis. Similar effects on enterocyte apoptosis have been described in models of experimental liver failure associated with high circulating TNF- α levels [24].

The interrelation between apoptosis and loss of barrier function has been addressed in some previous studies [25] concluding that the physiologic event does not lead to permeability defects, whereas apoptosis induced by exposure to cytokines such as TNF- α was found recently to disrupt barrier function in terms of epithelial conductivity [5]. From studies in several cell lines it appears that IFN- γ or TNF- α sensitize cells to Fas-mediated apoptosis [26,27].

In our study, enterocyte apoptosis was completely prevented by both anti-TNF treatments, and in TNFR-1^{-/-} mice, together with a preserved expression of anti-apoptotic protein Bcl-2. Our findings agree both with a recent paper by Zeissig and coll [10] who investigated the effects of IFX treatment *in vivo* on colonic mucosa in CD patients showing a significant reduction of epithelial cell apoptosis, and with Marini et al [21] in Samp/YitFc mice, a murine model with spontaneous ileitis resembling human CD very closely, where the administration of a chimeric rat/mouse anti-TNF- α antibody reduced epithelial apoptosis in the inflamed ileum.

The nature of available anti-TNF strategies, ETC, oncept, IFX, and ADA is different. ETC and oncept are genetically engineered fusion proteins consisting of two molecules of the natural p75 or p55 TNF receptors and the Fc domain of human IgG1, whereas IFX and ADA are IgG1 antibodies against TNF- α , the former a chimeric mouse/human IgG1 antibody, the latter a fully human IgG1-antibody. The affinity of all these molecules is extremely high for circulating TNF- α ; however, membrane-bound TNF is not, or less, recognized by ETC [28], whereas IFX and ADA also bind to this uncleaved form. This different TNF binding pattern may explain the distinct therapeutic

effects of these anti-TNF drugs. Indeed, studies in Crohn's disease patients were disappointing with ETC [11], whereas the efficacy of IFX and ADA have been well documented.

A very important aspect is the ability of IFX, as well as of ADA, not only to bind both soluble and membrane-bound TNF but also to induce apoptosis of TNF-expressing cells. It has been shown that lamina propria T-cells survive too long in Crohn's disease [29]. This increased survival of pro-inflammatory cells is associated with the perpetuation of inflammatory stimuli and an increased production of proinflammatory cytokines, such as TNF- α . IFX induces apoptosis of peripheral blood monocytes from healthy volunteers and patients with CD dose-dependently by activation of caspase-8, 9 and 3 in a Fas-independent manner [30]. This effect has also been shown for ADA but not for ETC [13]. Subsequently, it was shown that IFX [9], but not ETC [12], induces apoptosis of lamina propria T cells *in vivo* and in a CD3/CD28-activated T-cell line. The pro-apoptotic effect of IFX was also shown by DiSabatino *et al.* [31] *in vitro* on lamina propria T cells and peripheral blood T cells from CD patients.

Beyond this important difference between ETC and IFX, other discrepancies have been described, e.g. the response of peripheral T cells, in terms of cytokine production (TNF- α , interleukin-4, and interferon- γ) to non-specific and antigen specific stimulation in patients with AS, is downregulated during IFX treatment but increased by ETC [32,33]. *In vitro*, the opposite effect was not confirmed on intestinal T cells from CD patients, but there was a fourfold reduction of efficacy of ETC compared to IFX [14, 34].

As shown in our present study, ETC and IFX were equally effective in abolishing the colitis-associated increase of ileal enterocytes and in the preservation of bcl-2 expression, suggesting an exclusive effect of circulating and not membrane-bound TNF- α . Moreover, the same results were achieved using k.o. mice for TNFR-1, confirming the mediation of proapoptotic stimuli through this receptor [35]. Interestingly, knock out mice for TNFR-1 showed a higher mortality in TNBS induced colitis [36], whereas those who lacked TNFR-2 developed a less severe disease despite higher serum TNF- α levels. This may be explained by secondary defence mechanisms mediated by TNFR-1.

In conclusion, induction of enterocyte apoptosis represents a very early response of the ileum mucosa to distal colitis induced by DNBS, emphasizing the highly dynamic aspect of programmed cell death. This effect was most likely mediated by circulating TNF- α since its inhibition or the lack of TNFR-1 completely

prevented epithelial apoptosis. The upregulation of enterocyte apoptosis may represent a mucosal defence mechanism but, shooting down intestinal barrier function, the influx of antigens may be enhanced, inducing local inflammatory response in genetic susceptible organisms.

Our results show that intestinal segments distant from inflammation are highly sensitive, in terms of apoptosis and TJ protein expression/redistribution. In this context, it seems more likely that barrier dysfunction is a secondary event to inflammation.

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Conflict of interest

The authors have declared that no conflict of interest exists.

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